

Sara El Toulani

BDS, MS, PhD | Prosthodontist

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Professional Summary

Prosthodontist with a PhD in Prosthodontics with comprehensive academic and clinical experience. Recently completed a PhD focused on advanced restorative and implant solutions, demonstrating expertise in complex treatment planning, biomaterials, and digital dentistry workflows. Experienced in complex treatment planning, full mouth rehabilitation, biomaterials, and digital dentistry workflows. Seeking a research-oriented academic or clinical position that combines teaching, research, and patient-centered care.

Education

PhD in Prosthodontics, Beirut Arab University, Beirut, Lebanon (2018–2024)

Research focused on the long-term clinical performance of all-ceramic restorative materials and CAD/CAM techniques.

MS in Prosthodontics, Beirut Arab University, Beirut, Lebanon (2017).

Bachelor of Dental Surgery (BDS), Beirut Arab University, Beirut, Lebanon (2011)

Professional Experience

Clinical Instructor and Researcher, Faculty of Dentistry, Beirut Arab University, Beirut, Lebanon (2017–Present)

- Mentor undergraduate and postgraduate dental students in clinical prosthodontics and research methodology.
- Contribute to departmental research projects, including data collection and statistical analysis.

General Dental Practitioner (Part-Time), Private Practice, Beirut, Lebanon (2011–Present)

- Provide comprehensive general dental care with an emphasis on advanced restorative and prosthetic treatments.
- Plan and coordinate multidisciplinary cases and manage patient records.
- [Add: case volume or notable case types.]

Research Interests

Digital Smile Design (DSD); biomaterials science (zirconia, lithium disilicate); complex full mouth rehabilitation; implantology and prosthetic planning; occlusion and temporomandibular disorder (TMD) diagnosis.

Technical Skills

- **Digital dentistry:** CAD/CAM (CEREC, Exocad), Digital Smile Design

- **Clinical:** fixed and removable prosthodontics, full mouth rehabilitation, implant prosthetic planning, occlusal analysis, TMD diagnosis
- **Materials:** zirconia, lithium disilicate, polymer-infiltrated ceramic network (PICN) materials

Publications

El Toulani, S. A., et al. *A prospective randomized split-mouth trial comparing immediate versus early anterior implant placement with customized healing abutments: 12-month marginal bone loss, stability, and esthetic outcome. Frontiers in Dental Medicine*, 7, 1884486. Manuscript under review, Journal of Prosthetic Dentistry (2024).

El Toulani, et al. Bioesthetic outcome of immediate versus early implant placement for anterior implant supported single tooth. (Randomized Clinical Trial). *Annali di stomatologia*, 15(3), 137-144. (2024).

Languages

Arabic (native) | English (fluent) | French (working proficiency)