

## Europass Curriculum Vitae



### Personal information

First name(s) / Surname(s) **Zeina El-Ali**

Address(es) Beirut Arab University, Faculty of Health Sciences, Nutrition P.O. Box 11-5020, Tripoli– Lebanon

Telephone(s) +961-6-218400 Ext 4603 Mobile: +961-03982718

Fax(es) +961-6-218400 Ext 4042

E-mail [z.elali@bau.edu.lb](mailto:z.elali@bau.edu.lb), [zeinaelali@hotmail.com](mailto:zeinaelali@hotmail.com)

Nationality Lebanese

Date of birth November 3, 1985

Gender Female

### Work experience

Dates September 2022 - Present

Occupation or position held Assistant Prof. of Biology

Name and address of employer Beirut Arab University, Faculty of Health Sciences, Tripoli, Lebanon

Type of business or sector University Teaching and Research Sector

Dates September 2012 - Present

Occupation or position held Lecturer

Name and address of employer Beirut Arab University, Faculty of Health Sciences, Tripoli, Lebanon

Type of business or sector University Teaching and Research Sector

Dates October 2007 – September 2013

Occupation or position held Owner of a private clinic

Name and address of employer North Lebanon – Akkar – Halba

Type of business or sector Clinical practice

Dates October 2007 – September 2013

Occupation or position held Clinical Dietician

Name and address of employer   Secours Populaire Libanais – Halba/Akkar  
Type of business or sector   Clinical practice

Dates   June 2007 – October 2008

Occupation or position held   Head of the dietetic department

Name and address of employer   Akkar Rahal Hospital – Halba/Akkar  
Type of business or sector   Clinical practice

Dates   June 2007 – October 2008

Occupation or position held   Clinical dietician

Name and address of employer   Dr. Shedid polyclinic  
Type of business or sector   Clinical practice

## Education and training

Dates   February 2015- September 2022

Title of qualification awarded   Ph.D in Biology

Name and type of organisation   Beirut Arab University

Dates   September 2006- September 2009

Title of qualification awarded   Master of Human Nutrition and Dietetics (clinical nutrition).

Name and type of organisation   Holy Spirit University (USEK), Kaslik, Lebanon

Dates   September 2003- August 2006

Title of qualification awarded   Bachelor degree in Human Nutrition and Dietetics

Name and type of organisation   Holy Spirit University (USEK), Kaslik, Lebanon

## Personal skills and competences

Mother tongue(s)   Arabic and Ukrainian

Other language(s)   Written, read and spoken English, French, Russian and Spanish.  
English and French: Excellent  
Russian: Good  
Spanish: Fair

Computer skills and competences   MS office (Word, Excel, PowerPoint, Outlook), Nutrition analysis software (Nutritionist pro), Statistical analysis (SPAA), Endnote and Zotero

## Publications

El-Ali, Z; Ziade, F; Zmerly, H; and Bissar, N (2022). Interleukin-16 rs4778889 polymorphism and its interaction with interleukin-10 rs1800896 polymorphism increase the risk for knee osteoarthritis in the lebanese population. BAU Journal - Health and Wellbeing: Vol. 4: Iss. 2, Article 8. DOI: 10.54729/UPGP4920

El-Ali, Z., El-Kassas, G., Ziade, F. M., Shivappa, N., Hébert, J. R., Zmerly, H., & Bissar, N. (2021). Evaluation of circulating levels of Interleukin-10 and Interleukin-16 and dietary inflammatory index in Lebanese knee osteoarthritis patients. *Heliyon*, 7(7), e07551. <https://doi.org/10.1016/j.heliyon.2021.e07551>

El- Kassas G, Itani L, Ali ZE (2015) Obesity Risk Factors among Beirut Arab University Students in Tripoli-Lebanon. *J Nutr Food Sci* 5: 421.

Khalil S, Kassas G. Occurrence and risk factors of knee osteoarthritis among FTI and MHA students in Tripoli-Lebanon. *Comp Immunol Microbiol Infect Dis*. 2022;101(1):1-10. doi:10.1016/j.cimid.2022.101001.