



Europass Curriculum Vitae



Personal information

First name(s) / Surname(s) **Maha Jalal Dankar**

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Nationality Lebanese

Date of birth February 11, 1976; Kalamoun - Lebanon

Gender Female

Work experience

Dates	January 2026-Present
Occupation or position held	Assistant Professor of Nursing
Name and address of employer	Beirut Arab University, Faculty of Health Sciences, Tripoli, Lebanon
Type of business or sector	University Teaching, Practice and Research sector
Dates	February 2019 – November 2025
Occupation or position held	Senior Lecturer in Nursing department
Name and address of employer	Beirut Arab University, Faculty of Health Sciences, Tripoli, Lebanon.
Type of business or sector	University Teaching, Practice and Research sector
Dates	August 2018 - January 2019
Occupation or position held	Part time lecturer in Nursing department
Name and address of employer	Beirut Arab University, Faculty of Health Sciences, Tripoli, Lebanon.
Type of business or sector	University Teaching and practice sector
Dates	October 2016 – September 2019
Occupation or position held	Part time Health educational nurse
Name and address of employer	Jadid School for Boys, Tripoli, Lebanon
Type of business or sector	Health educational for Syrian students
Dates	October 2009 - February 2019
Occupation or position held	Part time lecturer in Nursing (French and English section)
Name and address of employer	City University, Tripoli, Lebanon.
Type of business or sector	University Teaching, Practice and Research Sector

Dates	2009 – December 2025
Occupation or position held	Contractual lecturer for LT nursing students
Name and address of employer	IPNET Technical Institute, Tripoli, Lebanon.
Type of business or sector	Teaching and Research sector
Dates	2003 – Present
Occupation or position held	Member of Nurses Committee
Name and address of employer	Nurses Technical Committee, Beirut, Lebanon.
Type of business or sector	Official examination of BT, TS, and LT Nursing students.
Dates	2003- January 2016
Occupation or position held	Director of Nursing
Name and address of employer	Chahine Hospital, Tripoli, Lebanon
Type of business or sector	Administrative Work.
Dates	1999- September 2024
Occupation or position held	Contractual Lecturer for TS nursing students
Name and address of employer	Kobbeh Technical Institute, Tripoli, Lebanon
Type of business or sector	Teaching and Practice Sector.
Dates	2003 – Present
Occupation or position held	Contractual Lecturer for TS & LT nursing students
Name and address of employer	Bebnin Technical Institute, Tripoli, Lebanon.
Type of business or sector	Coordination for Teaching and Practice Sector
Dates	1997- 2003
Occupation or position held	Registered Nurse
Name and address of employer	Nini hospital, Tripoli, Lebanon.
Type of business or sector	RN in medical, surgical and ICU department.
Education and training	
Dates	December, 2025
Title of qualification awarded	PhD. in Biological & Medical Sciences – Specialty: Public Health- Health Management and Policy.
Name and type of organisation	Saint- Joseph University, Faculty of Medicine, Beirut, Lebanon
Dates	June, 2017
Title of qualification awarded	Master in Nursing Research
Name and type of organisation	Saint- Joseph University, Faculty of Nursing, Beirut, Lebanon
Dates	1997

Title of qualification awarded Bachelor of Sciences in Nursing (BSN)
 Name and type of organisation Lebanese University, Faculty of. Nursing, Tripoli, Lebanon

Dates 1993

Title of qualification awarded BAC II Life Science
 Name and type of organisation Saint – Coeur School, Tripoli, Lebanon

Personal skills and competences

Mother tongue(s) **Arabic**

Other language(s)

Self-assessment

European level (*)

Language

Language

Understanding				Speaking		Writing	
Listening		Reading		Spoken interaction	Spoken production		
English	Excellent		Excellent		Excellent		Excellent
French	Excellent		Excellent		Very good		Excellent

Computer skills and competences Windows, Excel, Word, Power point

Publications

Journal Articles

- **Dankar MJ.** (2021). *Identifying Factors that Influence Conflict Management Styles of Lebanese Nursing Students with Their Clinical Educators.*
BAU Journal – Health and Wellbeing.
- **Dankar MJ.** (2022). *Assistive Healthcare Robotics – Challenges in Nursing Service Innovation: Critical Review.*
ITM Web of Conferences.
DOI: 10.1051/itmconf/20224102002
- Mitri RN, El-Ali Z, **Dankar MJ.** (2024). *Emotional eating and mental health of nurses working in Lebanese hospitals during the double crisis.*
Journal of Nutritional Science (JNS).
- **Dankar MJ,** Ammar W. (2025). *Understanding Drivers of Nurse Migration and Its Consequences Amid the Polycrisis in North Lebanon.*
Cureus.
DOI: 10.7759/cureus.91676
- **Dankar MJ,** Yazbik-Dumit N, Ammar W. (2025). *Exploring nurse staffing and policy implications in times of crisis: the case of North Lebanon.*
BMC Nursing.
DOI: 10.1186/s12912-025-04148-9
- Alreshidi SM, Almutairi AA, El Malti W, Jomaa L, **Dankar M,** Fawaz M. (2026). *Perceptions of Lebanese students regarding integration of artificial intelligence in English university courses.*
Acta Psychologica.
DOI: 10.1016/j.actpsy.2026.106629

Book Chapter

- **Dankar MJ,** Badr NG. (2022). *Humanoids at the Helm of the Nursing Profession in Elderly Care: Critical Review.*
DOI: 10.1007/978-3-031-10902-7_1

Ongoing Research/ Work in progress

2025- Present, “*Nutritional knowledge, attitudes, and practices of nurses working in Lebanese hospitals*”, Nursing and Nutrition Department, BAU- Tripoli.

2025- Present, Collaboration with Mr. Mohammad QUTISHAT, Sultan Qaboos University (SQU), Oman. Study Title: “*Situational Motivation, Self-efficacy, and Self-Challenge Among Nurses*”.

2025- Present, “*Perceived loneliness and social support and their predictors among patients with heart failure in a collectivist society: A prospective approach*”- BAU- Tripoli.

2025- Present, Collaboration with Dr. Zainab Nasser Sulaiman Al Azri, & Mr. Jihad Ziad Hassan, Sultan Qaboos University (SQU), Oman. Study Title: “*Pain Intensity, Acceptance, and Catastrophizing Among Patients with Cancer in Oman and Lebanon: A Cross-Sectional Study*”,

2026- Present “*Knowledge and Awareness of Cervical Cancer and Human Papillomavirus Vaccination Among Female Health Sciences Undergraduates in Tripoli and Its Suburbs: A Cross-Sectional Study*”- BAU

Conference & Presentations

Dates	October, 2025
Title of qualification/activity	Conference Presentation
Main Activities and Responsibilities	Presented “ <i>Understanding Drivers of Nurse Migration and Its Consequences Amid the Polycrisis in North Lebanon</i> ” during a scientific day, focusing on migration determinants and healthcare system impact.
Name and type of Organization	Mazloum Hospital & Beirut Arab University (Tripoli Campus)
Dates	October, 2025
Title of qualification/activity	Conference Presentation
Main Activities and Responsibilities	Presented “ <i>Exploring Migration Drivers, Nurses’ Replacement, and Impact on Nurses’ Satisfaction in a Context of Poly-crisis</i> ”, highlighting workforce challenges and satisfaction outcomes.
Name and type of Organization	American University of Beirut, Beirut, Lebanon
Dates	August, 2025
Title of qualification/activity	Conference Presentation
Main Activities and Responsibilities	Delivered a presentation entitled “ <i>الإدمان وتأثيراته الصحية: المضاعفات الجسدية للإدمان وطرق الوقاية والعلاج</i> ”, addressing physical complications of addiction, prevention strategies, and treatment approaches.
Name and type of Organization	Global Institute for Arab Renewal (المعهد العالمي للتجديد العربي), & Beirut Arab University
Dates	November, 2023
Title of qualification/activity	Conference Presentation (Doctoral Consortium)
Main Activities and Responsibilities	Presented part of PhD thesis entitled “ <i>Exploring Nurses' Satisfaction and Work Environment in North Lebanon Hospitals in the Context of an Upsurge of Nurses’ Migration Due to the Recent Crisis</i> ” during the RISE Annual Conference doctoral consortium (Applied Public Health Research).
Name and type of Organization	RISE Annual Conference (Research and Innovation Scientific Event), & Saint- Joseph University- Beirut, Lebanon
Dates	November, 2022
Title of qualification/activity	Conference Participation (Doctoral Consortium)

Main Activities and Responsibilities	Participated in the Second Annual RISE Conference entitled “ <i>Organization Development as Explicit or Implicit</i> ” as part of the doctoral consortium (Applied Public Health Research), engaging in scientific discussions and research exchange.
Name and type of Organization	RISE Annual Conference (Research and Innovation Scientific Event), & Saint- Joseph University, Beirut, Lebanon

Teaching

Spring Courses:

Theoretical Courses (I teach the following courses)

- Emergency Care Nursing Theory (3 Crs.)
- Community and gerontological health nursing: theory (3 Crs.)
- Community and gerontological health nursing: practice (2 Crs.)
- Leadership and management in nursing (3 Crs.)
- Obstetric and Gynecological Health Nursing: Theory (2 Crs.)

Practical Courses (Coordinator for the following courses)

- Adult Health Nursing I: Practice (2 Crs.)
- Adult Health Nursing III: Practice (2 crs.)
- Practicum II and Independent project (4 Crs.)
- Obstetric and Gynecological Health Nursing: Practice (2 Crs.)

Fall Courses

Theoretical Courses (I teach the following courses)

- Medical Terminology in. Nursing: Theory (2 Crs.)
- Mental Health and Illness across the Life Span (1 Cr)
- Pediatric Health Nursing: Theory (3 Crs.)
- Psychosocial Aspect of Health and Illness (2 Crs.)
- Psychiatric and Mental Health Nursing (2 Crs)

Practical Courses (Coordinator for the following courses)

- Psychiatric and Mental Health Nursing: Practice (1Crs.)
- Adult Health Nursing II: Practice (2 crs.)
- Pediatric Health Nursing: Practcie (2 Crs.)
- Critical Care Nursing: Practice (2 Crs.)

Research Interest

Nursing workforce dynamics, migration and retention of nurses in crisis settings, health policy and health systems strengthening, and innovation in nursing education.