



## Europass Curriculum Vitae



### Personal information

First name(s) / Surname(s) **Rosy Mitri**  
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E-mail [r.metri@bau.edu.lb](mailto:r.metri@bau.edu.lb)  
Nationality Lebanese  
Date of birth July 29, 1987; Kafarakka - Lebanon  
Gender Female

### Work experience

Dates	September 2017 - Present
Occupation or position held	Assistant Prof. of Nutrition and Dietetics
Name and address of employer	Beirut Arab University, Faculty of Health Sciences (Tripoli), Lebanon.
Type of business or sector	University Teaching and Research Sector
Dates	September 2016 - May 2017
Occupation or position held	Part timer lecturer of Nutrition and Dietetics
Name and address of employer	Beirut Arab University, Faculty of Health Sciences, Tripoli, Lebanon.
Type of business or sector	University Teaching and Research Sector
Dates	October 2015- June 2017
Occupation or position held	Part time lecturer of Nutrition and Dietetics
Name and address of employer	Lebanese International University, Tripoli, Lebanon
Type of business or sector	University Teaching and Research Sector
Dates	August 2015-October 2015
Occupation or position held	Hygiene promotion assistant
Name and address of employer	Save the children
Type of business or sector	Non-Governmental Organization
Dates	July 2014- June 2015
Occupation or position held	Community Nutrition Promoter
Name and address of employer	Relief International, Tripoli, Lebanon
Type of business or sector	Non-Governmental Organization

Dates Sept. 2011- Feb. 2014  
 Occupation or position held Part time lecturer of Nutrition and Dietetics  
 Name and address of employer Notre Dame University, Tripoli, Lebanon  
 Type of business or sector University Teaching and Research Sector

Dates Sept. 2011- March 2014  
 Occupation or position held Part time lecturer of Nutrition courses for nurses students  
 Name and address of employer Nursing Institute, Lebanese Red Cross, Tripoli, Lebanon  
 Type of business or sector Non-Governmental Organization

**Education**

Dates October 2013 - May 2016  
 Title of qualification awarded Ph.D. in Nutritional Sciences  
 Name and type of organisation Saint- Joseph University, Beirut, Lebanon

Dates October. 2009- July 2011  
 Title of qualification awarded Masters in Human Nutrition  
 Name and type of organisation Saint-Joseph University, Beirut, Lebanon

Dates October 2005- August 2008  
 Title of qualification awarded Bachelor in Nutrition and Dietetics  
 Name and type of organisation Notre Dame University, North Lebanon

**Personal skills and competences**

Mother tongue(s) Arabic

Other language(s)  
 Self-assessment

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production			
English	Excellent		Excellent		Excellent		Excellent		Excellent
French	Excellent		Excellent		Very good		Very good		Very good

**Computer skills and competences** Windows 9,10. Excel, Word, Access, Spss, Nutritionist Pro, Endnote

## Publications

Khalife S, Moubayed S, **Mitri R**, Geitani R, El Safadi D. Seroprevalence and risk assessment of *Toxoplasma gondii* infection in sheep and goats in North and Beqaa governorates of Lebanon. *Veterinary World*. 2022 Sep 1;15(9).

El- kadi S, **Mitri R**, Factors associated with sleep quality and duration among beirut arab university students. *BAU Journal-health and wellbeing*.2022; 5(1)

**Mitri RN**, Boulos C, Ziade F. Mediterranean diet adherence amongst adolescents in North Lebanon: The role of skipping meals, meals with the family, physical activity and physical well-being. *British Journal of Nutrition*. 2022 Oct;128(7):1349-56.

**Mitri R**, Ziade F. Adherence To Mediterranean Diet Among Adolescents Attending Public Schools In North Lebanon. *BAU Journal-Health And Wellbeing*. 2021;3(2):1-8.

**Mitri R**, Fakhoury Sayegh N, Boulos C. Factors associated with oral health-related quality of life among Lebanese community-dwelling elderly. *Gerodontology*. 2020 Jun;37(2): 200-7.

**Mitri R**, Ziade F. Health-related quality of life among adolescents attending private schools in North Lebanon. *BAU Journal-health and wellbeing*. 2019;1(2):8-14.

Boulos, C., Adib, S.M., **Mitri, R.** and Salameh, P. Nutritional Status of the Elderly in an Arab Country in Social Transition: the Case of Lebanon. *Handbook of Famine, Starvation, and Nutrient Deprivation*.2017; 1-18.

**Mitri R**, Boulos C, Adib SM. Aging gracefully in Greater Beirut: are there any gender-based differences? *Eur J Public Health*. 2017 Jun 1;27(3):575-581.

**Mitri R**, Boulos C, Adib SM. Determinants of the nutritional status of older adults in urban Lebanon. *Geriatr Gerontol Int*. 2017 Mar;17(3):424-432.

## Conference Proceedings

Mitri, R. Boulos, C. Adib, S. (2015) Déterminants de l'état nutritionnel des personnes âgées dans le Grand Beyrouth. 21<sup>st</sup> LAAS International Conference. Beirut, Lebanon.

Mitri, R, Ziade F. (2019) Adherence to the Mediterranean diet among adolescents attending private schools in North Lebanon. 1<sup>st</sup> International Conference on Food, Nutrition Security and Sustainable Agriculture (FNSSA). Cairo, Egypt.

## **Conferences and Workshops participation**

Speaker in the conference “Femme Francophones et Santé « mieux savoir, mieux vivre » at Chamber of Commerce, Industry & Agriculture- Tripoli on March 10<sup>th</sup>, 2018 through a presentation entitled “Une alimentation saine, une vie active et un poids santé”.

Speaker in the “World diabetes day” held at BAU on November 26<sup>th</sup>, 2018 through a presentation entitled “Nutritional therapy of diabetes mellitus”.

Speaker in the workshop entitled “School nurse toward a successful childhood” held at BAU on March 29<sup>th</sup>, 2019 through a session “Food safety & balanced diet from infancy to adolescence.

Speaker in the conference “International Experts for Research Enrichment and Knowledge Exchange (IEREK)” held in Egypt on December 1-3, 2019 through a presentation entitled “Adherence to Mediterranean diet among adolescents attending private schools in North Lebanon”.

Speaker in the conference “viruses of the century” held at BAU on February 20, 2020 through a presentation entitled “Nutrition & infectious disease”.