



Europass Curriculum Vitae



First name(s) / Surname(s) **Kassem Assaad Nadine Najib**

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Nationality Lebanese

Date of birth 14/05/1984

Gender Female

Position

Lecturer at Department of physical therapy, Faculty of Health Sciences, Beirut Arab University.

Work experience

Date

2022-

Lecturer

Occupation or position held
Main activities and responsibilities
Name and address of employer

Lecturer of the Course: Assessment in PT(3h/w), Assessment in PT Lab (3h/w) (2 sections), Cardiopulmonary in PT (3h/w), Cardiopulmonary in PT Lab (2h/w) (2 sections), Physical Therapy Intervention II Lab (2h/w), Physical Therapy outpatient clinic, Faculty of health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah- Omar Farroukh Str

Date

2022-

Dry needling instructors

Occupation or position held
Main activities and responsibilities
Name and address of employer

Dry needling of upper limb, lower limb and spine.
Physical Therapy outpatient clinic, Faculty of health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah- Omar Farroukh Str

Date

2018-

Dry needling practitioner

Occupation or position held
Main activities and responsibilities
Name and address of employer

Dry needling of upper limb, lower limb and spine.
Physical Therapy outpatient clinic, Faculty of health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah- Omar Farroukh Str.

Date

2011– 2022

Lab manager.

Occupation or position held
Main activities and responsibilities
Name and address of employer

Instructor of the Course: Physical Therapy Intervention II (2h/w), Physical Therapy Intervention III (2h/w), Musculoskeletal Physical Therapy I (1h/w), Musculoskeletal Physical Therapy II(1h/w), Assessment in Physical Therapy
Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.

Date 2011 – 2021
 Occupation or position held Interprofessional Education Facilitators
 Main activities and responsibilities supervision
 Name and address of employer Medical Faculties, Beirut Arab University.

Date 2012-2021
 Occupation or position held Physical Therapist in private clinic
 Main activities and responsibilities Clinical Physical therapy
 Name and address of employer Privat Clinic – Ramlet Al Bayda – Beirut – Lebanon

Date 2009 – 2011
 Occupation or position held Physical Therapist in private clinic
 Main activities and responsibilities Clinical Physical therapy
 Name and address of employer Privat Clinic – Ramlet Al Bayda – Beirut – Lebanon

Date 2007 – 2009:
 Occupation or position held Physical Therapist in dispensary
 Main activities and responsibilities Clinical Physical therapy
 Name and address of employer Al- Rayan dispensary – Al Mala – Beirut – Lebanon

Date 2007 – 2009:
 Occupation or position held Physical Therapist in pediatric centre
 Main activities and responsibilities Clinical Physical therapy
 Name and address of employer Al-Malak association – Al Jnah – Beirut – Lebanon
 Type of business or sector

Date 2013 – 2015
 Title of qualification awarded Doctor of Physical Therapy - DPT
 Thesis title: "Efficacy of Physical Therapy Management in Temporomandibular Disorders".
 Name and type of organisation providing education and training Faculty of Health Science, Beirut Arab University, Lebanon

Date 2002 – 2006
 Title of qualification awarded B.Sc. in Physical Therapy
 Name and type of organisation providing education and training Physical Therapy Department, Faculty of Public Health, Lebanese University, Lebanon

Personal skills and competences

Mother tongue(s) **Arabic**

Other language(s)

French
English

Understanding		Speaking		Writing
Listening	Reading	Spoken interaction	Spoken production	
Excellent	Excellent	Very Good	Very Good	Excellent
Excellent	Excellent	Very Good	Very Good	Excellent

Technical skills and competences

Participation in workshops and conferences:

- February 2009: Attendance of lecture entitle "Effects of Exercises on Biological Tissues" -Beirut Arab University-Beirut – Lebanon
- September 2009: Lecturer in the seventh International Congress of Physical Therapy "Physiotherapy: Tradition or Innovation", Organized by the Physical Therapist Order of Lebanon-Beirut – Lebanon.
- March 2010: Attendance of lecture entitle "Gait Analysis- Evaluation and Treatment"- Beirut Arab University- Beirut – Lebanon
- April 2010: Attendance of lecture entitle "Pain Management by Electrical Stimulation"-Beirut Arab University- Beirut – Lebanon.
- 2011: Attendance of Workshop in "Communication skills"-Beirut Arab University- Beirut – Lebanon.
- 2012: Attendance of Workshop in "Time and stress management"-Beirut Arab University- Beirut – Lebanon
- 2012: Attendance of Workshop in "Personal Productivity"-Beirut Arab University- Beirut – Lebanon.
- 2013: Attendance of Workshop in "an overview of manual therapy concept"- Beirut Arab University- Beirut – Lebanon.
- 2013: Attendance of lecture entitle "Medical interprofessional education"- Beirut Arab University-Beirut – Lebanon.
- March 2014: Attendance of Workshop in "the enhancement of staff members teaching skills"-Beirut Arab University- Beirut – Lebanon.
- November 2014: Attendance of Workshop in "The enhancement of staff members teaching skills"-Beirut Arab University- Beirut – Lebanon.
- January 2015: Attendance of a 20 hours workshop on: Analysis and Management of Cervical Spine and Pelvic Pain "Maitland Techniques". By John Langendoen, MSc, Grad.OMT, B.PT. arranged by CCPE – BAU and Physical Therapy Department. Beirut Arab University, Beirut – Lebanon.
- May 2015: Attendance of a 20 hours workshop on: Analysis and Management of Lumbar Spine and Pelvic Pain "Maitland Techniques". By John Langendoen, MSc, Grad.OMT, B.PT. arranged by CCPE – BAU and Physical Therapy Department. Beirut Arab University, Beirut – Lebanon.
- Attendance of Workshop in Taping upper limb
- April 2017: Attendance of Workshop in "Stroke patient assessment and management"- Beirut Arab University- Beirut – Lebanon.
- August 2019 Attendance of a 40 hours workshop in: "Dry needling level 1&2"By: Mr. Craig Smith Director of Club Physio and former physio to the SA Proteas cricket team from 1991 – 2002 qualified from the University of Cape Town- Beirut Arab University- Beirut – Lebanon.
- April 2021 Certificate of Competency as a **Dry Needling Practitioner** from Dry needling Institute- directed by Mr. Craig Smith, director of Club Physio.

Collaboration and assistance in Workshops

- **In 25-26/03/2022:** Dry needling at Beirut Arab University.
- **In 31/03/2022- 01/04/2022:** Dry needling at Beirut Arab University.
- **In 30-31/06/2022:** Dry needling at Beirut Arab University.
- **In 03-04/06/2022:** Medical Taping in Sports Injuries.
- **In 06-07/06/2022:** Dry needling at Beirut Arab University.
- **In 13-14/06/2022:** Dry needling at Beirut Arab University.
- **In 14-15/10/2022:** Dry needling at Beirut Arab University.
- **In 23-24/12/2022:** Dry needling at Beirut Arab University.

Computer skills and competences	Windows, Word, Excel, PowerPoint, and Internet
Driving licence	Lebanese driving license