PERSONAL INFORMATION

LEILA ITANI

.]



Riad El Solh, Beirut (Lebanon)
(+961) 1 300110 ext:2746 (+961) 3 386022
l.itani@bau.edu.lb

Sex Female| Date of birth 19/07/1965 | Nationality Lebanese

WORK EXPERIENCE

26/10/2023-present

Associate Professor

Beirut Arab University/ Faculty of Health Sciences/Department of Nutrition and Dietetics,

▪ Beirut (Lebanon)

01/01/2019-26/10/2023

Assistant Professor Nutrition

Beirut Arab University/ Faculty of Health Sciences/Department of Nutrition and Dietetics,

▪ Beirut (Lebanon)
Teaching several Nutrition courses:

- Nutrition education (NUTR 318) - Spring 2019 till present time
- Community Nutrition (NUTR 402)- Spring, 2019 till present time
- Nutrition through the Life Span (NUTR 310) - spring 2019- 2024
- Nutrition epidemiology (NUTR 601) for graduate Nutrition students - Spring 2019 till present time
- Maternal-child nutrition (NUTR 628) for graduate Nutrition students Spring 2019 till present time
- Nutrition Seminar (NUTR632) for graduate Nutrition students Spring 2019 till present time
- Breastfeeding essentials (NUTR 621) for undergraduate students Spring 2019 till present time
- Dietary analysis simulation (NUTR422) for undergraduate students Spring 2019 till present time
- Malnutrition and nutrition interventions(NUTR317) for undergraduate Spring 2019 students till present time

My duties as Assistant professor included:

- Preparation of detailed course syllabus, assigning reference books, preparation of lecture material, preparation of case studies and answer keys, assigning projects for students and follow up with student work, coordinating student presentation, preparation of test bank for examination questions with answer keys, preparation of handout material
- Providing extra readings reference books and articles on recent issues.
- Assigning sessions for solving exams after correction and grading, the purpose of these sessions was to enforce the knowledge base of the students and clarify any misconception that might have led to wrong answers.
- Preparation of Course portfolio in soft and hard copies which included all lecture material, handouts, extra readings assignments and Answer Keys.
- Preparation of course file material for accreditation purposes

2010–2018

Lecturer

Beirut Arab University/Faculty of Health Sciences/Department of Nutrition and Dietetics,

▪ Beirut (Lebanon)
Taught several Nutrition courses:

- Nutrition education (NUTR204)/(NUTR318) - Spring 2010, 2011, 2012, 2013, 2014,2016, 2017,2018
- Nutrition interventions (NUTR 405)/(NUTR317) - Fall 2011,2012,2013,2014,2015,2016
- Research Methods (FHSC 401) - Fall 2011,2012,2013, 2014
- Community Nutrition (NUTR 304)/ (NUTR 402)- Spring, 2011,2012,2013, 2014,2015,2016,2017,2018
- Nutrition and Non-Communicable Diseases (NUTR 302) - Spring,2012, 2013, 2014,2015
- Nutrition research project (NUTR 403)/ - Fall 2011,2012, 2013, 2014, 2015,2016, 2017
- Nutrition Seminar (NUTR 401) - Fall 2011,2012, 2013, 2014, 2015, 2016
- Human Nutrition (NUTR203)/(NUTR 315) - Fall 2014, 2015, 2016, 2017,2018
- Malnutrition (NUTR 207)- Fall 2014
- Basic Nutrition (NUTR212)- Spring 2014,2015, 2016

© European Union, 2002-2018 | europass.cedefop.europa.eu

- Nutrition through the Life Span (NUTR202)/(NUTR 310)- spring 2014, 2015, 2016, 2017, 2018)
- Malnutrition and nutrition interventions (NUTR317) - Fall 2015,2016,2017,2018
- Nutrition epidemiology (NUTR 601)for graduate Nutrition students- Fall 2017-2018
- Maternal child nutrition (NUTR628) for graduate Nutrition students Spring 2018
- Human nutrition and metabolism (603) for graduate Nutrition students -2017,2018
- Community nutrition and interventions (NUTR 629) for graduate Nutrition students. 2018-2019

My duties as Lecturer included:

- Prepared detailed course syllabus, assigned reference books, lecture material, case studies and answer keys, projects for students and follow up with student work, test bank for examination questions with answer keys, handout material
- Provided extra readings reference books and articles on recent issues.
- Assigned sessions for solving exams after correction and grading, to enforce the knowledge base of the students and clarify any misconception that might have led to wrong answers.
- Prepared Course portfolio in soft and hard copies which included all lecture material, handouts, extra readings assignments and Answer Keys.
- Prepared course file material for accreditation purposes

2010–Present

Quality Assurance member

Beirut Arab University /Faculty of Health Sciences/Department of Nutrition and Dietetics,

Beirut (Lebanon)

- Preparation of self-study and documentation for the site visit for accreditation for the Nutrition and Dietetics program
- Preparation of the status report of the Nutrition and Dietetics program
- followed up on course file preparation and compilation

2010–2023

Nutrition and Dietetics Internship coordinator

Beirut Arab University/Faculty of Health Sciences/ Department of Nutrition and Dietetics,

Beirut (Lebanon)

- Development of the Dietetics internship program Guidelines
- Formulation of Dietetic Internship course description and criteria for successful completion of internship
- Securing placement of Nutrition and Dietetics graduate at training sites
- Coordinating follow up on trainees pursuing their dietetic internship at various training sites in Lebanon
- Coordinating preparation of trainees for the official colloquium exam

2006–present

Examiner in Official Nutrition Colloquium

Lebanese MEHE, Beirut (Lebanon)

- My duties involved preparation and revision of examination questions and examining students as a member of the oral examination committee and member of the Nutrition colloquium committee

2009–2010

Research Associate

American University of Beirut/ Faculty of Agricultural and Food Sciences, Beirut (Lebanon)

My duties included

- Assisting in periodic reporting on research progress. Reporting involved writing executive summaries and detailed reports.
- Assisting in preparation of research proposals and writing manuscripts for research publications
- Supervising graduate students on research work and data analysis conducted as part of their thesis requirement.
- Teaching undergraduate student on data entry and analysis using different software (SPSS, Nutritionist 4)

2005–2009

instructor of Nutrition courses

Lebanese International University/ school of Arts and Sciences, Beirut (Lebanon)

Taught several Nutrition courses for Nutrition and dietetics students:
- Human Nutrition (NUTR300) - spring 2005, fall &spring 2006,2007,2008)
- Basic Nutrition (NUTR250) - fall & spring 2005,2006,2007,fall 2008)
- Nutrition Through the Life Span (NUTR400) - (spring 2005, fall 2006,2007,2008)
- Community Nutrition (NUTR450) - (spring 2006,2007,2008)
- Nutrition Seminar (NUTR490) - (fall 2005,2008, spring 2006,2007,2008, summer 2008)
- Nutrition senior project (NUTR495) (fall &spring 2006)
- Nutrition for Health professionals (PHAR500) - (Spring 2006,fall&spring 2007,2008)

2006–2009 **Nutrition & Dietetics program Coordinator**

Lebanese International University/School of arts and Sciences, Beirut (Lebanon)

- Development of a didactic dietetic curriculum to qualify for accreditation by the ministry of higher education. My duties involved setting core and major course requirement for a 99 credit BSc. degree curriculum as well as setting prerequisite knowledge base that meets the standards of knowledge, skills, and competencies for entry-level dietetic practitioners.
- Development of detailed courses syllabi, for every course offered within the didactic curriculum, to ensure a comprehensive content as well as the consistency of knowledge dissemination in the different active campuses of LIU(Beirut/Bekaa/Saida/Tripoli/Jubail).
- Development of admission criteria to ensure admission of high standing students.
- Development of an internship program manual intended to qualify dietitians for licensing of dietetic practice in Lebanon. The manual included a description of all activities to be conducted during the specified 6 months period of supervised dietetic practice.
- Communicating with hospital administrations and dietary departments of different hospitals to arrange for training opportunities for graduating students.
- Preparation of courses offering and setting schedules for instructors every semester in all active campuses of LIU.
- Student advising on registration and follow up on student curricula in all active campuses of LIU.
- Verification of student curricula to ensure completion of all course and credit requirements to confirm eligibility for graduation.
- Interviewing and recommending new instructors to the administration.
- Periodic meeting with instructors to follow up on course content and assign necessary enhancements.
- Follow up on instructor's performance and attendance to classes. For this purpose peer review activities were organized.
- Follow up on recent book publication on nutrition issues to update library archives.

2003–2013 **Consultant for Herbal and Dietary supplement Committee**

Lebanese Ministry of Public Health, Beirut (Lebanon)

My duties as a consultant for the herbal and dietary supplement committee in the ministry of health involved performing literature reviews on components of herbal products (nutrients, extracts, herbs etc..) intended for import to the country to assess its safety for human consumption. Based on scientific reviews reports are prepared to approve or disapprove the product under evaluation. Prepared a database of over 450 herbals indicating their classification, use and safety

2003–2008 **Acting secretary of the Lebanese Association for Nutrition and Food Sciences (LANFS) currently LAND (Lebanese Association for Nutrition and Dietetics)**

LANFS/LAND, Beirut (Lebanon)

My duties as the acting secretary involved
- Organizing two conferences (Nutrition and optimum Health, 2003 and Maternal and Infant Nutrition, 2008)
- Follow up on periodic elections of executive committee members.
- Follow up on legal issues as changes in the bylaws and foundation of colloquium examination law and lately the foundation of the order of dietitians.
- Preparation of annual report on the association activities.
- Follow up on accounting issues.

1989–1996 **Research Assistant**

American University of Beirut/Faculty of Agricultural and Food Sciences, Beirut (Lebanon)

As a research assistant, I was responsible for undertaking research work going on in the department of nutrition and food science. My duties included reviewing of relevant scientific literature writing proposals and research reports. Also, I was responsible for undertaking research activities involving animal experiments and analytical experiments

1989–1992 **Instructor of Nutrition courses**

Lebanese University /Faculty of Agriculture, Beirut (Lebanon)

- Taught human Nutrition for Agriculture mid Midwifery students

1986–1989 **Graduate Assistant**

American University of Beirut/Faculty of Agricultural and Food Sciences, Beirut (Lebanon)

My duties as a graduate assistant included teaching assistance and undertaking research work. At the

EDUCATION AND TRAINING

January 23 2025 **20 continuing education bundle (equivalent to 20.5 L-CREP recognized by IBLCE)**

Lactation education resources / 712 Childs Point Road/ Annapolis-USA

The course consisted of thirteen lectures covering topics including IYCF in emergencies, Human milk banking, drug abuse and lactation, allergies and the breast-fed baby, therapeutic breast massage and others.

February 27 2025 **Nutrition Guidelines for Pediatric Providers Caring for NICU Graduates** (equivalent to 1 contact hour)

Abbott Nutrition Health Institute

October 12 2023 **Basic Neonatal Developmental Care Online Course**

Organized by the Healthcare Professional Development Center (HPDC)/ AUB

18/05/2020–22/05/2020 **“Designing Search Strategies for Systematic Reviews”**

Clinical Research Institue/AUB, Beirut (Lebanon)

14/05/2020–15/05/2020 **Training on Arabic Psychometric scales in Research: Methods of Cultural and Linguistic Adaptation (Part I)**

Clinical Research Institue/AUB, Beirut (Lebanon)

2019–2030 **Certified Breastfeeding Specialist**

Lactation Education resources, Annapolis (USA)

The certification is accredited by Lactation Education Accreditation and Approval Review Committee (LEAARC). This status entitles to provide advice to mothers with infants 0-23 months of age relate To:

- Benefits and importance of breast feeding to the mother and infant 2) Prepartum education for preparation for breastfeeding
- Early initiation and maintenance of breastfeeding
- Signs of effective breastfeeding
- Assessment and management of breast feeding difficulties related to mother and infant (decreased milk supply, refusal of breast, milk allergy, breastfeeding twins, tandum feeding etc..)
- Maintenance of breastfeeding along with complementary feeding until 2 years and beyond.

2013–2018 **PhD in education (Nutrition Education)**

Lebanese University/Doctoral School of Literature, Humanities and Social Sciences, Beirut (Lebanon)

Title of thesis: Analyzing the Nutrition component of the National School Curriculum: Recommendations for reformation toward a whole school approach

12/05/2018 **Workshop :" Survival (time-to-event) analysis"**

AUB-CME, Beirut (Lebanon)

This workshop overviewed and provided hands on experience on how to conduct a survival analysis

29/09/2017–30/09/2017 **Workshop: "How to Conduct Systematic Reviews and Meta-Analyses"**

AUB-CME, Beirut (Lebanon)

This workshop was intended to help the audience understand how to conduct systematic reviews and meta-analyses following the Cochrane Collaboration's methodology. It included interactive sessions, hands-on exercises, software demonstration and group discussions

21/10/2016–22/10/2016 **Workshop: "Designing Search Strategies for Systematic Reviews"**

AUB-CME, Beirut (Lebanon)

This two-day workshop aims to develop skills needed for designing and reporting a highly sensitive search strategy for a systematic review. This workshop will include an interactive presentation with live demonstration and hands-on searching

16/09/2016–17/09/2016 **Workshop: "How to Conduct Systematic Reviews and Meta-Analyses"**

AUB-CME, Beirut (Lebanon)

This workshop was intended to help the audience understand how to conduct systematic reviews and meta-analyses following the Cochrane Collaboration's methodology. It included interactive sessions, hands-on exercises, software demonstration and group discussions

16/05/2016 **Workshop: "Designing Search Strategies for Systematic Reviews"**

AUB-CME, Beirut (Lebanon)

This one-day workshop covering search strategies needed for conducting a systematic review

18/05/2015–29/05/2015 **Workshop: Nutrition in Emergencies Regional training Initiative short course**

American University of Beirut /University college London, Beirut (Lebanon)

The course is designed for both nutritionists and non-nutritionists who are working or interested in joining relevant sectors (e.g. nutrition, food security, health, logistics, etc.

The 11-day intensive course covers key elements of NIE, including:
- The humanitarian system and nutrition cluster
- Causes of malnutrition and micronutrient interventions
- Assessments, surveys and surveillance
- Food security and food assistance
- Infant and young child and older people in emergencies
- Management of acute malnutrition
- Health and WASH
- Emergency preparedness and monitoring and evaluation

09/04/2014–23/04/2014 **Workshop: Innovation and development of academic industry partnerships through efficient research administration in Lebanon (IDEAL)**

Beirut Arab University/Ali Rashed Hall, Beirut (Lebanon)

01/04/2014–07/04/2014 **Workshop: The enhancement of staff members teaching skills**

Beirut Arab University/Ali Rashed Hall, Beirut (Lebanon)

20/11/2013 **Workshop: الجودة في الجامعة اللبنانية من خلال البرامج الدولية**

Lebanese University ,Hadath, Conference palace, Beirut (Lebanon)

The workshop overviewed all the quality assurance collaboration and activities undertaken by LU

25/05/2012–26/05/2012 **Workshop: 3rd Regional MENA-IDF diabetes workshop"**

IDF-International Diabetes Federation-Golden Tulip Hotel, Beirut (Lebanon)

© European Union, 2002-2018 | europass.cedefop.europa.eu

The workshop was organized by the Lebanese Diabetes Society in collaboration with the International diabetes Federation. The workshop highlighted two important areas related to diabetes care Policy and NDP (national diabetes program) and medical care. A delegate from the IDF discussed the cornerstones for implementation of the national diabetes program (NDP). Also the role of multisectoral collaboration between NGO'S government, health care institutions and facilities and academic institutions in this process was described. The medical management of Diabetes was overviewed

26/11/2010 **Workshop: "Scientific Writing & Publishing of Epidemiological Research"**

IEA/EMR-USJ, Beirut (Lebanon)

The workshop discussed an approach for the integration of the scientific writing for publication within the research process. the most salient points about writing papers for publication were presented. It was offered as a pre-conference workshop for the 8th IEA/EMR's Scientific Meeting on "Globalization and Public Health in the Eastern Mediterranean Region"/

25/11/2010 **Workshop: "Modeling Incomplete Observation"**

IEA/EMR-USJ, Beirut (Lebanon)

The workshop focused on different approaches to treat missing observations and minimizing bias. It was offered as a preconference workshop for the 8th IEA/EMR's Scientific Meeting on "Globalization and Public Health in the Eastern Mediterranean Region"

08/06/2010–11/06/2010 **Training Course on "WHO Child Growth Standards"**

World Health Organization (WHO), Beirut (Lebanon)

A training course for health professionals on child growth assessment using new "WHO Child Growth Standards". The workshop was conducted by WHO experts to provide health professionals with the experience on the implementation of the new growth standards developed recently by WHO, including measuring and plotting techniques and carrying out corresponding interventions

28/04/2010–08/06/2010 **Online course:"Preventing Childhood Obesity: An Ecological Approach"**

Cornell University: E-Cornell, Beirut (Lebanon)

An in-depth course on the use of an ecological approach to identify underlying causes of childhood obesity and begin developing an action plan for intervention in their communities. This course involves a series of assessments -- of behavior, of the environment, and specific local factors -- to help diagnose the underlying causes of excessive weight gain in children. During the course, participants use this approach while focusing on a community in their country. This was achieved via a four-part project that runs throughout the course

23/01/2009–24/01/2009 **Workshop: "Communicating With Policy Makers"**

American University of Beirut/ Faculty of Public Health, Beirut (Lebanon)

Workshop organized by the faculty of Health Sciences at American University of Beirut in partnership with the Prevention Research Center in Washington University St Louis, Missouri and The Institute of Community and Public Health In Beirzeit University

19/01/2009–22/01/2009 **Workshop: "Evidence Based Public Heath"**

American University of Beirut/ Faculty of Public Health, Beirut (Lebanon)

Workshop organized by the faculty of Health Sciences at the American University of Beirut in partnership with the prevention Research Center in Washington University St Louis, Missouri and The Institute of Community and Public Health In Beirzeit University

1986–1989 **MSc. in Nutrition**

American University of Beirut, Beirut (Lebanon)

Thesis title: Changes in lipoprotein lipases and serum cholesterol and triglycerides levels in rats fed diets containing either casein or soy protein

1983–1986 **BSc. in Environmental Public Health**

Replace with education or training organisation's name and locality (if relevant, country)

- Replace with a list of principal subjects covered or skills acquired

PERSONAL SKILLS

Mother tongue(s) Arabic

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user

Communication skills

Good communication skills gained through my experience in teaching and interacting with students, colleagues, and participation in conferences

Digital skills

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent user	Basic user	Independent user		Basic user

Good command of Microsoft office, WORD, EXCEL, POWERPOINT, OUTLOOK Good command of SPSS, STATA,NCSS PASS and MedCalc

ADDITIONAL INFORMATION

Consultations

Joint FAO/UAEU Expert Consultation on “Stepping Up School-Based Food and Nutrition Education: Exploring the Challenges, Finding Solutions and Building Partnerships.
Held in Al Ain UAE from 28 to 30 November 2017

Conferences

- Dubai International Nutrition Congress (4th DINC)
  24 to 26 October 2018: Driving innovation and excellence in Nutrition
  - Two Oral Presentations :
    - Validation Of An Arabic Version Of The Obesity-Related Wellbeing (ORWELL 97) Questionnaire In Adults With Obesity
    - A minimally processed dietary pattern is associated with lower odds of metabolic syndrome among Lebanese adults
- World diabetes congress 2011
  December 4-8 2011. DUBAI-UAE /WTC .
  - Conference organized by the IDF. Oral presentation in the session entitles: You are what you eat: Nutrition in diabetes and obesity
  - Topic presented:
    - Association between dietary patterns and the risk of metabolic syndrome among lebanese adults. F. Naja, L. Nasreddine, L. Itani, N. Adra, AM. Sibai, N. Hwalla
- EducA2015 :“Pratique et Fromations Dans Les Education A”
  conference held at Hammamat Tunisia, May 14-16 2014.
  - Topic presented:
    - A culturally appropriate Lebanese nutrition knowledge, attitude and practices questionnaire. Hanadi Chatila, Leila Itani, Hani Dimassi, Fikrat El Sahn
- The 11th science meeting
  American University of Beirut., April 27 - 30, 1992.
  - Topic presented:
    - Lipoprotein lipase, adiposity, serum cholesterol and triglycerides levels in rats fed casein or soy protein. L. Itani, n. Baba, z. Habbal.

Workshops and Invited lectures

University Studies Abroad Consortium (USAC)/University of Modena and Reggio Emilia /Italy

June 2023 Delivered two invited lectures through the course “Nutrition in the life span” offered during the summer semester by the University Study Abroad Consortium (USAC) – Reggio Emilia in Italy.
Topics presented “Diet preconception and pregnancy” and “Diet Lactation and Infant feeding”.

October 2022 Delivered two invited lectures through the course “Nutrition in the life span” offered during the summer semester by the University Study Abroad Consortium (USAC) – Reggio Emilia in Italy.
Topics presented: “Diet preconception and pregnancy” and “Diet Lactation and Infant feeding

June 2022 Delivered two invited lectures through the course “Nutrition in the life span” offered during the summer semester by the University Study Abroad Consortium (USAC) – Reggio Emilia in Italy.
Topics presented: “Diet preconception and pregnancy” and “Diet Lactation and Infant feeding

March 2024 University of Pavia –Italy /Erasmus staff mobility

Delivered two lectures targeting second level Master degree students enrolled in the “ Dietetics and clinical nutrition” program
Topics covered :
Nutrition in the first 1000 days – Weaning (3 hours lecture)
Presentation and discussion of clinical case studies about pregnancy and breastfeeding (3 hours session)

”.

Honours and awards

Sutherland award for graduate excellence, 1989.
Awarded for the Master of Science in Nutrition thesis work

CA AND CC Rubeiz Award
2014 on:
Dietary patterns and odds of type 2 diabetes in lebanon: a case control
Study. Farah Naja, Nahla Hwalla, Leila Itani, Maya Salem, Sami Azar, Maya Nabahani Zeidan and Lara Nasreddine. Nutr Metab (Lond). 2012; 9: 111. Published online 2012 December 27. doi: 10.1186/1743-7075-9-111

PhD Thesis: Analyzing the Nutrition Component of The National School Curriculum in Lebanon: Recommendations for Reformation Towards a Whole School Approach. Lebanese University, School of Literature, Humanities &Social Sciences. December, 20 2018.

Msc Thesis Changes in lipoprotein lipase and serum cholesterol and triglycerides levels in rats fed diets containing either casein or soy protein. MSc. Thesis, February1989.

Publications

1. Baba N., Habbal Z., Sankari A., Hamadeh S., And Itani L.Relative effects of feeding camel, cow, and sheep butters and hydrogenated coconut oil on plasma lipids in rats. American University of Beirut: twentieth research report, 1991-1993, p: 58-59

2. Baba N., Yang M., Miski A.M., Habbal Z., Itani L. Effects of severe vs moderate energy restriction on body composition and adipose tissue lipoprotein lipase activity in rats. American university of Beirut: twentieth research report, 1991-1993, p: 58-59

3. حمية أوميغا the arabic translation of “the omega diet “by artemis simopoulos . Arab scientific publishers, 2004 , 352 pages .

4. Nasereddine L., Nashelian O., Naja F. , Itani L., Parrent Massin D., Nabahani-Zeidan M., Hwalla N Dietary exposure to essential and toxic trace elements from a total diet study in adult lebanse urban population. Food chem. Toxicol. 2010 may;48(5):1262-9.

5. Naja F, Nasreddine L, Itani L, Chamieh MC, Adra N, Sibai AM, Hwalla N. Dietary patterns and their association with obesity and sociodemographic factors in a national sample of Lebanese adults. Public Health Nutr. 2011 Sep;14(9):1570-8. doi: 10.1017/S136898001100070X. Epub 2011 May 4. PubMed PMID: 21557871.

6. Naja F, Nasreddine L, Itani L, Adra N, Sibai AM, Hwalla N. Association between dietary patterns and the risk of metabolic syndrome among Lebanese adults. Eur J Nutr. 2013;52(1):97-105.

7. Naja F, Hwalla N, Itani L, Salem M, Azar ST, Zeidan MN, Nasreddine L. Dietary patterns and odds of Type 2 diabetes in Beirut, Lebanon: a case-control study. Nutr Metab (Lond). 2012 Dec 27;9(1):111.

8. Naja F, Nasreddine L, Itani L, Dimassi H, Sibai AM, Hwalla N. Dietary patterns in cardiovascular diseases prevention and management: review of the evidence and recommendations for primary care physicians in Lebanon. J Med Liban. 2014 Apr-Jun;62(2):92-9.

9. Hwalla, l. Nasreddine, a. Sibai, l. Itani, f. Naja. Pp212-sun: Mediterranean diets between europe and the middle east: the case of Lebanon. N. Clinical nutrition. Volume 33, supplement 1, page s99.

10. Naja F, Hwalla N, Itani L, Baalbaki S, Sibai A, Nasreddine L. A novel Mediterranean diet index from Lebanon: comparison with Europe. Eur J Nutr. 2015 Dec;54(8):1229-43. doi: 10.1007/s00394-014- 0801-1. Epub 2014 Nov 20.

11. El-Kassas, G., Itani, L., & El Ali, Z. (2015). Obesity risk factors among Beirut Arab University students in Tripoli-Lebanon. Journal of Nutrition & Food Sciences, 5(6), 1.

12. Naja F, Mousa D, Alameddine M, Shoaib H, Itani L, Mourad Y. Prevalence and correlates of complementary and alternative medicine use among diabetic patients in Beirut, Lebanon: a cross-sectional study. BMC Complement Altern Med. 2014 Jun 6;14:185

13. Naja F, Hwalla N, Itani L, Karam S, Sibai AM, Nasreddine L. A Western dietary pattern is associated with overweight and obesity in a national sample of Lebanese adolescents (13-19 years): a cross-sectional study. Br J Nutr. 2015 Dec 14;114(11):1909-19.

14. Naja, F., Alameddine, M., Itani, L., Shoaib, H., Hariri, D., & Talhouk, S. (2015). The use of complementary and alternative medicine among Lebanese adults: results from a national survey. Evidence-Based Complementary and Alternative Medicine, 2015.

15. Jomaa L, Hwalla N, Itani L, Chamieh MC, Mehio-Sibai A, Naja F. A Lebanese dietary pattern promotes better diet quality among older adults: findings from a national cross-sectional study. BMC Geriatr. 2016 Apr 19;16:85.

16. Easter Joury, Farah Naja, Amira Nour, Leila Itani, Bayan Rafii, Ahmad Manadili. Dietary patterns and the risk of oral, pharyngeal and laryngeal cancer in syria: a factor analysis study. BMC nutrition (2016) 2

17. Matta J, Nasreddine L, Jomaa L, Hwalla N, Mehio Sibai A, Czernichow S, Itani L, Naja F. Metabolically Healthy Overweight and Obesity Is Associated with Higher Adherence to a Traditional Dietary Pattern: A Cross-Sectional Study among Adults in Lebanon. Nutrients. 2016 Jul 20;8(7). pii: E432.

18. Itani L, Chatila H, Dimassi H, El Sahn F. Development and validation of an Arabic questionnaire to assess psychosocial determinants of eating behavior among adolescents: a cross-sectional study. J Health Popul Nutr. 2017 Apr 7;36(1):10.

19. Naja F, Shivappa N, Nasreddine L, Kharroubi S, Itani L, Hwalla N, Mehio Sibai A, Hebert JR. Role of inflammation in the association between the western dietary pattern and metabolic syndrome among Lebanese adults. Int J Food Sci Nutr. 2017 Dec;68(8):997-1004.

20. Farah Naja, Lamis Jomaa, Leila Itani, Jeremy Zidek, and Nahla Hwalla. A Western Dietary Pattern Has The Highest Environmental Footprints Among Lebanese Adults: Findings From A Cross Sectional Study Among Lebanese Adults. The FASEB Journal 2017 31 (1_supplement), 651.1-651.1

21. Saleh F, Itani L, Calugi S, Grave RD, El Ghoch M. Adipose-derived Mesenchymal Stem Cells in theTreatm ent of Obesity: A Systematic Review of Longitudinal Studies on Preclinical Evidence. Curr Stem Cell Res Ther. 2018;13(6):466-475.

22. Nasreddine L, Tamim H, Itani L, Nasrallah MP, Isma'eel H, Nakhoul NF, Abou-Rizk J, Naja F. A minimally processed dietary pattern is associated with lower odds of metabolic syndrome among Lebanese adults. Public Health Nutr. 2018 Jan;21(1):160-171.

23. Kreidieh D, Itani L, El Kassas G, El Masri D, Calugi S, Grave RD, El Ghoch M. Long-term Lifestylemodification Programs for Overweight and Obesity Management in the Arab States: Systematic Review and Meta-analysis. Curr Diabetes Rev. 2018;14(6):550-558.

24. Itani L, Calugi S, Dalle Grave R, Kreidieh D, El Kassas G, El Masri D, Tannir H, Harfoush A, El Ghoch M. The Association between Body Mass Index and Health-Related Quality of Life in Treatment- Seeking Arab Adults with Obesity. Med Sci (Basel). 2018 Mar 13;6(1).

25. Dana El Masri, Dima Kreidieh , Hana Tannir , Leila Itani and Marwan El Ghoch. Long-Term Weight- Loss Lifestyle Modification Programme in a Patient with Severe Lumbar Intervertebral Disc Degeneration and Obesity: A Case Report. Reports 2018, 1, 21.

26. Kreidieh D, Itani L, El Masri D, Tannir H, Citarella R, El Ghoch M. Association between Sarcopenic Obesity, Type 2 Diabetes, and Hypertension in Overweight and Obese Treatment-Seeking Adult Women. J Cardiovasc Dev Dis. 2018 Oct 20;5(4). pii: E51

27. Naja F, Jomaa L, Itani L, Zidek J, El Labban S, Sibai AM, Hwalla N. Environmental footprints of food consumption and dietary patterns among Lebanese adults: a cross-sectional study. Nutr J. 2018 Sep 12;17(1):85.

28. Khazem S, Itani L, Kreidieh D, El Masri D, Tannir H, Citarella R, El Ghoch M. Reduced Lean Body Mass and Cardiometabolic Diseases in Adult Males with Overweight and Obesity: A Pilot Study. Int J Environ Res Public Health. 2018 Dec 5;15(12). pii: E2754.

29. Citarella R, Itani L, Intini V, Zucchinali G, Scevaroli S, Kreidieh D, Tannir H, El Masri D, El Ghoch M. Nutritional Knowledge and Dietary Practice in Elite 24-Hour Ultramarathon Runners: A Brief Report. Sports (Basel). 2019 Feb 16;7(2). pii: E44

30. Chehade L, Jaafar ZA, El Masri D, Zmerly H, Kreidieh D, Tannir H, Itani L, El Ghoch M. Lifestyle Modification in Rheumatoid Arthritis: Dietary and Physical Activity Recommendations Based on Evidence. Curr Rheumatol Rev. 2019 Jan 21.

31. F Naja, L Itani, R Hamade, MC Chamieh, N Hwalla. Mediterranean Diet and Its Environmental Footprints Amid Nutrition Transition: The Case of Lebanon. Sustainability (2019)11 (23), 6690

32. L Nasreddine, H Shatila, L Itani, N Hwalla, L Jomaa, F Naja. A traditional dietary pattern is associated with lower odds of overweight and obesity among preschool children in Lebanon: A cross-sectional study European journal of nutrition (2019) 58 (1), 91-102

33. L Itani, S Calugi, D Kreidieh, G El Kassas, D El Masri, H Tannir, RD Grave, Marwan El Ghoch. Validation of an Arabic version of the obesity-related wellbeing (ORWELL 97) questionnaire in adults with obesity Current diabetes reviews 2019 15 (2), 127-132

34. D Khadra, L Itani, H Tannir, D Kreidieh, D El Masri, M El Ghoch. Association between sarcopenic obesity and higher risk of type 2 diabetes in adults: A systematic review and meta-analysis. World journal of diabetes 2019 10 (5), 311

35. L Jomaa, F Naja, S Kharroubi, L Itani, N Hwalla. A Lebanese Mediterranean Dietary Pattern Is Associated with Lower Food Insecurity Among Lebanese Adolescents: A Cross-Sectional National Study (P04-055-19) Current developments in nutrition 2019 3 (Supplement_1), nzz051. P04-055-19

36. Reem Baalbaki, Leila Itani, Lara El Kebbi, Rawan Dehni, Nermine Abbas, Razan Farsakouri, Dana Awad, Hana Tannir, Dima Kreidieh, Dana El Masri, Marwan El Ghoch. Association Between Smoking Hookahs (Shishas) and Higher Risk of Obesity: A Systematic Review of Population-Based Studies. Journal of cardiovascular development and disease 2019 6 (2), 23

37. S Traboulsi, L Itani, H Tannir, D Kreidieh, D El Masri, M El Ghoch.Is Body Fat Percentage a Good Predictor of Menstrual Recovery in Females with Anorexia Nervosa after Weight Restoration? A Systematic Review and Exploratory and Selective Metaanalysis Journal of Population Therapeutics and Clinical Pharmacology 2019 26 (2), e25-e37

38. F Naja, L Itani, MP Nasrallah, H Chami, H Tamim, L Nasreddine. A healthy lifestyle pattern is associated with a metabolically healthy phenotype in overweight and obese adults: a cross-sectional study European journal of nutrition 2019, 1-14

39. Leila Chehade, Zeinab A Jaafar, Dana El Masri, Hassan Zmerly, Dima Kreidieh, Hana Tannir, Leila Itani, Marwan El Ghoch. Lifestyle Modification in Rheumatoid Arthritis: Dietary and Physical Activity Recommendations Based on Evidence. Current rheumatology reviews 2019 15 (3), 209-214

40. Tannir H, Itani L, Kreidieh D, El Masri D, Traboulsi S, El Ghoch M. Body Composition in Adolescents and Young Adults with Anorexia Nervosa: A Clinical Review. Curr Rheumatol Rev. 2020;16(2):92-98.

41. Tannir H, Kreidieh D, Itani L, El Masri D, El Ghoch M. Reduction of Resting Energy Expenditure and Sarcopenic Obesity in Adults with Overweight and Obesity: A Brief Report. Curr Diabetes Rev. 2020;16(4):376-380.

42. El Masri D, Itani L, Kreidieh D, Tannir H, El Ghoch M. Predictive Equations Based on Body Composition for Resting Energy Expenditure Estimation in Adults with Obesity. Curr Diabetes Rev. 2020;16(4):381-386.

43. Itani L, Kreidieh D, El Masri D, Tannir H, El Ghoch M. The Impact of Sarcopenic Obesity on Health-Related Quality of Life of Treatment-Seeking Patients with Obesity. Curr Diabetes Rev. 2020;16(6):635-640.

44. Khadra D, Itani L, Chebaro Y, et al. Association Between Sarcopenic Obesity and Metabolic Syndrome in Adults: A Systematic Review and Meta-Analysis. Curr Cardiol Rev. 2020;16(2):153-162.

45. Itani L, El Masri D, Kreidieh D, Tannir H, El Ghoch M. How valuable is cardiopulmonary exercise testing in patients with severe obesity undergoing bariatric surgery? [published online ahead of print, 2020 Feb 20]. Intern Emerg Med. 2020;10.1007/s11739-020-02285-4.

46. Kreidieh D, Itani L, Tannir H, El Masri D, El Ghoch M. Sarcopenic Obesity Predicts Early Attrition in Treatment-Seeking Patients with Obesity: A Longitudinal Pilot Study. J Cardiovasc Dev Dis. 2020;7(1):5.

47. Itani, L., Radwan, H., Hashim, M., Hasan, H., Obaid, R. S., Ghazal, H. A., ... & Al Rifai, H. Dietary patterns and their associations with gestational weight gain in the United Arab Emirates:results from the MISC cohort. Nutrition journal, 2020:19, 1-12.

48. El Tannir H, Itani L, El Masri D, Kreidieh D, El Ghoch M. Lifetime Weight Cycling and Central Fat Distribution in Females With Obesity: A Brief Report. Diseases. 2020;8(2):E8. Published 2020 Mar 26

49. Deek H, Itani L, Davidson PM. Literacy critical to heart failure management: a scoping review [published online ahead of print, 2020 Apr 20]. Heart Fail Rev. 2020;10.1007/s10741-020-09964-6

50. Itani L, Kreidieh D, El Masri D, Tannir H, Chehade L, El Ghoch M. Revising BMI Cut-Off Points for Obesity in a Weight Management Setting in Lebanon. Int J Environ Res Public Health. 2020;17(11):3832. Published 2020 May 28

51. Itani L, Tannir H, El Masri D, Kreidieh D, El Ghoch M. Development of an Easy-to-Use Prediction Equation for Body Fat Percentage Based on BMI in Overweight and Obese Lebanese Adults. Diagnostics (Basel). 2020 Sep 21;10(9):728.

52. Naja F, Itani L, Kharroubi S, Diab El Harake M, Hwalla N, Jomaa L. Food insecurity is associated with lower adherence to the Mediterranean dietary pattern among Lebanese adolescents: a cross-sectional national study. Eur J Nutr. 2020 Oct;59(7):3281-3292.

53. Chaer R, Nakouzi N, Itani L, Tannir H, Kreidieh D, El Masri D, El Ghoch M. Fertility and Reproduction after Recovery from Anorexia Nervosa: A Systematic Review and Meta-Analysis of Long-Term Follow-Up Studies. Diseases. 2020 Dec 16;8(4):46

54. F Naja, L Itani, S Kharroubi, MD El Harake, N Hwalla, L Jomaa. Food insecurity is associated with lower adherence to the Mediterranean dietary pattern among Lebanese adolescents: a crosssectional national study European Journal of Nutrition 2020, 1-12

55. Nezameddin R, Itani L, Kreidieh D, El Masri D, Tannir H, El Ghoch M. Understanding sarcopenic obesity in terms of definition and health consequences: a clinical review [published online ahead of print, 2020 Jan 8]. Curr Diabetes Rev. 2020;10.2174/1573399816666200109091449

56. Itani L, Tannir H, Kreidieh D, El Masri D, El Ghoch M. Validation of predictive equations for resting energy expenditure in treatment-seeking adults with overweight and obesity: Measured versus estimated. J Popul Ther Clin Pharmacol. 2020;27(1):e32-e47. Published 2020 Jan 18.

57. Kreidieh D, Itani L, El Masri D, Tannir H, El Ghoch M. Association Between Reduced Daily Steps and Sarcopenic Obesity in Treatment-Seeking Adults With Obesity. *Front Endocrinol (Lausanne)*. 2020;11:22. Published 2020 Jan 30.

58. Jaafar ZA, Kreidieh D, Itani L, Tannir H, El Masri D, El Ghoch M. Cross-validation of prediction equations for estimating the body fat percentage in adults with obesity. Clin Nutr ESPEN. 2021 Feb;41:346-350.

59. Cena H, Porri D, De Giuseppe R, Kalmpourtzidou A, Salvatore FP, El Ghoch M, Itani L, Kreidieh D, Brytek-Matera A, Pocol CB, Arteta Arteta DS, Utan G, Kolčić I. How Healthy Are Health-Related Behaviors in University Students: The HOLISTic Study. Nutrients. 2021 Feb 19;13(2):675

60. Naja F, Itani L, Hammoudeh S, Manzoor S, Abbas N, Radwan H, Saber-Ayad M. Dietary Patterns and Their Associations With the *FTO* and *FGF21* Gene Variants Among Emirati Adults. Front Nutr. 2021 May 19;8:668901.

61. El Masri D, Itani L, Kreidieh D, Tannir H, El Ghoch M. Relationship between multiple weight cycles and early weight loss in patients with obesity: a longitudinal study. Eat Weight Disord. 2021 Aug;26(6):2083-2087.

62. Itani L, Sammarco R, El Ghoch M. Editorial: Nutrition and Health-Related Quality of Life: Is It an Ignored Outcome? Front Nutr. 2021 Oct 7;8:778816

63. Saadeddine D, Itani L, Kreidieh D, El Masri D, Tannir H, El Ghoch M. Association between Levels of Physical Activity, Sarcopenia, Type 2 Diabetes and the Quality of Life of Elderly People in Community Dwellings in Lebanon. Geriatrics (Basel). 2021 Mar 18;6(1):28

64. Taleb S, Itani L. Nutrition Literacy among Adolescents and Its Association with Eating Habits and BMI in Tripoli, Lebanon. Diseases. 2021 Mar 29;9(2):25

65. Citarella R, Itani L, Intini V, Zucchinali G, Scevaroli S, Tannir H, El Masri D, Kreidieh D, El Ghoch M. Association between dietary practice, body composition, training volume and sport performance in 100-Km elite ultramarathon runners. Clin Nutr ESPEN. 2021 Apr;42:239-243.

66. Tannir H, Itani L, Kreidieh D, El Masri D, El Ghoch M. Can Intentional Weight Loss Ameliorate Sarcopenia in Individuals with Obesity? A Longitudinal Interventional Study. Clin Pract. 2022 Feb 17;12(1):106-112.

67. Vaccaro S, Itani L, Scazzina F, Bonilauri S, Cartelli CM, El Ghoch M, Pellegrini M. Do Lifestyle Interventions before Gastric Bypass Prevent Weight Regain after Surgery? A Five-Year Longitudinal Study. Nutrients. 2022 Aug 31;14(17):3609

© European Union, 2002-2018 | europass.cedefop.europa.eu

68. Pellegrini M, Itani L, Rossi AP, Kreidieh D, El Masri D, Tannir H, El Ghoch M. Approaching Sarcopenic Obesity in Young and Middle-Aged Female Adults in Weight Management Settings: A Narrative Review. Healthcare (Basel). 2022 Oct 15;10(10):2042

69. Di Renzo L, Itani L, Gualtieri P, Pellegrini M, El Ghoch M, De Lorenzo A. New BMI Cut-Off Points for Obesity in Middle-Aged and Older Adults in Clinical Nutrition Settings in Italy: A Cross-Sectional Study. Nutrients. 2022 Nov 16;14(22):4848

70. Al Rifai H, Shatila H, Nasreddine L, Yazbeck N, Kabakian-Khasholian T, Itani L, Naja F. Knowledge, attitudes, and practices of pediatricians in relation to breastfeeding support: A national survey in Lebanon. PLoS One. 2023 Apr 6;18(4):e0281865

71. Itani L, Vassilopoulou E, Sammarco R, El Ghoch M. Editorial: Nutrition and health-related quality of life: is it an ignored outcome? Volume II. Front Nutr. 2023 May 30;10:1213059. doi: 10.3389/fnut.2023.1213059. PMID: 37324734; PMCID: PMC10262042.

72. Zmerly H, Milanese C, El Ghoch M, Itani L, Tannir H, Kreidieh D, Yumuk V, Pellegrini M. Personalized Physical Activity Programs for the Management of Knee Osteoarthritis in Individuals with Obesity: A Patient-Centered Approach. Diseases. 2023 Dec 14;11(4):182. doi: 10.3390/diseases11040182. PMID: 38131988; PMCID: PMC10742871.

73. De Lorenzo A, Itani L, Gualtieri P, Pellegrini M, El Ghoch M, Di Renzo L. Association between Sarcopenia and Reduced Bone Mass: Is Osteosarcopenic Obesity a New Phenotype to Consider in Weight Management Settings? Life (Basel). 2023 Dec 21;14(1):21. doi: 10.3390/life14010021. PMID: 38276270; PMCID: PMC10817427.

74. De Lorenzo A, Pellegrini M, Gualtieri P, Itani L, Frank G, El Ghoch M, Di Renzo L. The Association between Obesity and Reduced Weight-Adjusted Bone Mineral Content in Older Adults: A New Paradigm That Contrasts with the Obesity Paradox. Nutrients. 2024 Jan 25;16(3):352. doi: 10.3390/nu16030352. PMID: 38337637; PMCID: PMC10857150.

75. Conti MV, Itani L, Beretta A, Yaghi K, Filosa A, Monti C, Cena H. An overview of the nutritional status of childbearing age women, children and adolescents living in a rural area of Madagascar: preliminary results of the Tany Vao project. Public Health Nutr. 2024 Jan 29;27(1):e52. doi: 10.1017/S1368980024000259. PMID: 38282033; PMCID: PMC10882536.

76. Conti MV, Itani L, Beretta A, Yaghi K, Filosa A, Monti C, Cena H. An overview of the nutritional status of childbearing age women, children and adolescents living in a rural area of Madagascar: preliminary results of the Tany Vao project. Public Health Nutr. 2024 Jan 29;27(1):e52. doi: 10.1017/S1368980024000259. PMID: 38282033; PMCID: PMC10882536.

77. De Lorenzo A, Itani L, El Ghoch M, Frank G, De Santis GL, Gualtieri P, Di Renzo L. The Association between Sarcopenic Obesity and DXA-Derived Visceral Adipose Tissue (VAT) in Adults. Nutrients. 2024 May 27;16(11):1645. doi: 10.3390/nu16111645. PMID: 38892578; PMCID: PMC11174391.

78. De Lorenzo A, Itani L, El Ghoch M, Gualtieri P, Frank G, Raffaelli G, Pellegrini M, Di Renzo L. Difference in Body Composition Patterns between Age Groups in Italian Individuals with Overweight and Obesity: When BMI Becomes a Misleading Tool in Nutritional Settings. Nutrients. 2024 Jul 25;16(15):2415. doi: 10.3390/nu16152415. PMID: 39125296; PMCID: PMC11314337.

79. Rochira V, Greco C, Boni S, Costantino F, Dalla Valentina L, Zanni E, Itani L, El Ghoch M. The Effect of Tirzepatide on Body Composition in People with Overweight and Obesity: A Systematic Review of Randomized, Controlled Studies. Diseases. 2024 Sep 5;12(9):204. doi: 10.3390/diseases12090204. PMID: 39329873; PMCID: PMC11431103.

80. Itani L, El Ghoch M. Waist-to-Height Ratio Cut-Off Points for Central Obesity in Individuals with Overweight Across Different Ethnic Groups in NHANES 2011-2018. Nutrients. 2024 Nov 8;16(22):3838. doi: 10.3390/nu16223838. PMID: 39599624; PMCID: PMC11597241.

81. Cavedon V, Kreidieh D, Milanese C, Itani L, Pellegrini M, Saadeddine D, Berri E, El Ghoch M. The Prevalence of and Factors Associated with Disordered Eating Among Adult Athletes in Italy and Lebanon. Nutrients. 2025 Jan 5;17(1):191. doi: 10.3390/nu17010191. PMID: 39796625; PMCID: PMC11723392.

82. Itani L, Berri E, Berti O, Ferrentino A, Saadeddine D, El Ghoch M. The Association Between Muscle Strength, Thigh Circumference, and Serving Efficiency in Elite Male Volleyball Players: A Prospective Observational Longitudinal Study. J Funct Morphol Kinesiol. 2026 Sep 9;11(3):362. doi: 10.3390/jfmk11030362. PMID: 42783656; PMCID: PMC13608733.
83. Naja F, Abbas N, Itani L, Chokor FAZ, Ismail LC, Al Dhaheri AS, O'Neill L, Kharroubi S, Ali HI, Mohamad MN, Hwalla N, Nasreddine L. Dietary patterns and their associations with obesity among 4-9-year-old children in the United Arab Emirates: A cross-sectional study. PLoS One. 2026 Jul 13;21(7):e0352032. doi: 10.1371/journal.pone.0352032. Erratum in: PLoS One. 2026 Aug 18;21(8):e0356616. doi: 10.1371/journal.pone.0356616. PMID: 42441544; PMCID: PMC13362138.
84. Saadeddine D, Foglia M, Berri E, Raggi S, Itani L, El Ghoch M. Daily Steps During Nutritional Lifestyle Modification Programs for Obesity Management: A Systematic Review and Meta-Analysis. Int J Environ Res Public Health. 2026 Apr 17;23(4):522. doi: 10.3390/ijerph23040522. PMID: 42074460; PMCID: PMC13116791.
85. Greco C, Itani L, Milic J, Belli M, Gabriele S, Conti M, Valoriani F, Guaraldi G, Rochira V, El Ghoch M. Association Between Reduced Daily Protein Intake and Sarcopenic Obesity in Men Living with HIV: A New Screening Tool. Nutrients. 2025 Sep 24;17(19):3042. doi: 10.3390/nu17193042. PMID: 41097120; PMCID: PMC12526003.
86. Milanese C, Itani L, Cavedon V, El Ghoch M. The WHO BMI System Misclassifies Weight Status in Adults from the General Population in North Italy: A DXA-Based Assessment Study (18-98 Years). Nutrients. 2025 Jun 29;17(13):2162. doi: 10.3390/nu17132162. PMID: 40647267; PMCID: PMC12252079.
87. Milanese C, Itani L, Cavedon V, El Ghoch M. The WHO BMI System Misclassifies Weight Status in Adults from the General Population in North Italy: A DXA-Based Assessment Study (18-98 Years). Nutrients. 2025 Jun 29;17(13):2162. doi: 10.3390/nu17132162. PMID: 40647267; PMCID: PMC12252079.

Invited editor

Frontiers in Nutritional Epidemiology

April 2020: Guest Associate Editor on the topic : Nutrition and Health-Related Quality of Life: Is it an Ignored Outcome?

Itani L, Vassilopoulou E, Sammarco R, El Ghoch M. Editorial: Nutrition and health-related quality of life: is it an ignored outcome? Volume II. Front Nutr. 2023 May 30;10:1213059. doi: 10.3389/fnut.2023.1213059. PMID: 37324734; PMCID: PMC10262042.

Frontiers in Nutritional Epidemiology

April 2022: Guest Associate Editor on the topic Nutrition and Health-Related Quality of Life: Is it an Ignored Outcome? Volume II

Itani L, Vassilopoulou E, Sammarco R, El Ghoch M. Editorial: Nutrition and health-related quality of life: is it an ignored outcome? Volume II. Front Nutr. 2023 May 30;10:1213059. doi: 10.3389/fnut.2023.1213059. PMID: 37324734; PMCID: PMC10262042.