Europass Curriculum Vitae



First name(s) / Surname(s) **Kassem Assaad Nadine Najib**

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Nationality Lebanese

Date of birth 14/04/1985

Gender Female

Position

Doctor of physical Therapy (DPT)
Lecturer at Department of physical therapy, Faculty of Health Sciences, Beirut Arab University.

Work experience

Date 2022- ……
Occupation or position held Lecturer
Main activities and responsibilities Lecturer of the Course: Assessment in PT(3h/w), Assessment in PT Lab (3h/w) (2 sections), Cardiopulmonary in PT (3h/w), Cardiopulmonary in PT Lab (2h/w) (2 sections),Physical Therapy Intervention II Lab (2h/w), Physical therapy Practice in women's health, Musculoskeletal Physical Therapy I Lab (6h/w), Musculoskeletal Physical Therapy II Lab (6h/w)
Name and address of employer Physical Therapy outpatient clinic, Faculty of health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah- Omar Farroukh Str

Date 2022- ……
Occupation or position held Dry needling instructors
Main activities and responsibilities Dry needling of upper limb, lower limb and spine.
Name and address of employer Physical Therapy outpatient clinic, Faculty of health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah- Omar Farroukh Str

Date 2018- ……
Occupation or position held Dry needling practitioner
Main activities and responsibilities Dry needling of upper limb, lower limb and spine.
Name and address of employer Physical Therapy outpatient clinic, Faculty of health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah- Omar Farroukh Str.

Date 2011– 2022

Occupation or position held Main activities and responsibilities Name and address of employer	Lab manager. Instructor of the Course: Physical Therapy Intervention II (2h/w), Physical Therapy Intervention III (2h/w), Musculoskeletal Physical Therapy I (6h/w), Musculoskeletal Physical Therapy II(6h/w), Assessment in Physical Therapy (6h/w), Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.
Date Occupation or position held Main activities and responsibilities Name and address of employer	2011 – 2021 Interprofessional Education Facilitators supervision Medical Faculties, Beirut Arab University.
Date Occupation or position held Main activities and responsabilities Name and address of employer	**2009 – 2011** Physical Therapist in private clinic Clinical Physical therapy Privat Clinic – Ramlet Al Bayda – Beirut – Lebanon
Date Occupation or position held Main activities and responsibilities Name and address of employer	**2007 – 2009:** Physical Therapist in dispensary Clinical Physical therapy Al- Rayan dispensary – Al Mala – Beirut – Lebanon
Date Occupation or position held Main activities and responsibilities Name and address of employer Type of business or sector	**2007 – 2009:** Physical Therapist in pediatric centre Clinical Physical therapy Al-Malak association – Al Jnah – Beirut – Lebanon
Date Title of qualification awarded Name and type of organisation providing Education and training	**2013 – 2015** Doctor of Physical Therapy - DPT Thesis title:"Efficacy of Physical Therapy Management in Temporomandibular Disorders". Faculty of Health Science, Beirut Arab University, Lebanon
Date Title of qualification awarded Name and type of organisation providing education and training	**2002 – 2006** B.Sc. in Physical Therapy Physical Therapy Department, Faculty of Public Health, Lebanese University, Lebanon

Personal skills and competences

Mother tongue(s): **Arabic**

Other language(s):

	Understanding		Speaking		Writing
	Listening	Reading	Spoken interaction	Spoken production	
French	Excellent	Excellent	Very Good	Very Good	Excellent
English	Excellent	Excellent	Very Good	Very Good	Excellent

Technical skills and competences

Participation in workshops and conferences:

- February 2009: Attendance of lecture entitle ''Effects of Exercises on Biological Tissues'' -Beirut Arab University-Beirut – Lebanon
- September 2009: Lecturer in the seventh International Congress of Physical Therapy "Physiotherapy: Tradition or Innovation", Organized by the Physical Therapist Order of Lebanon- Beirut – Lebanon.
- March 2010: Attendance of lecture entitle ''Gait Analysis- Evaluation and Treatment''- Beirut Arab University- Beirut – Lebanon
- April 2010: Attendance of lecture entitle "Pain Management by Electrical Stimulation"- Beirut Arab University- Beirut – Lebanon.
- 2011: Attendance of Workshop in ''Communication skills''-Beirut Arab University- Beirut – Lebanon.
- 2012: Attendance of Workshop in ''Time and stress management''-Beirut Arab University- Beirut – Lebanon
- 2012: Attendance of Workshop in ''Personal Productivity''-Beirut Arab University- Beirut – Lebanon.
- 2013: Attendance of Workshop in ''an overview of manual therapy concept''- Beirut Arab University- Beirut – Lebanon.
- 2013: Attendance of lecture entitle ''Medical interprofessional education''- Beirut Arab University- Beirut – Lebanon.
- March 2014: Attendance of Workshop in ''the enhancement of staff members teaching skills''- Beirut Arab University- Beirut – Lebanon.
- November 2014: Attendance of Workshop in ''The enhancement of staff members teaching skills''- Beirut Arab University- Beirut – Lebanon.
- January 2015: Attendance of a 20 hours workshop on: Analysis and Management of Cervical Spine and Pelvic Pain "Maitland Techniques". By John Langendoen, MSc, Grad.OMT, B.PT. arranged by CCPE – BAU and Physical Therapy Department. Beirut Arab University, Beirut – Lebanon.
- May 2015: Attendance of a 20 hours workshop on: Analysis and Management of Lumbar Spine and Pelvic Pain "Maitland Techniques". By John Langendoen, MSc, Grad.OMT, B.PT. arranged by CCPE – BAU and Physical Therapy Department. Beirut Arab University, Beirut – Lebanon.
- April 2017: Attendance of Workshop in ''Stroke patient assessment and management''- Beirut Arab University- Beirut – Lebanon.
- August 2019 Attendance of a 40 hours workshop in: ''Dry needling level 1&2''By: Mr. Craig Smith Director of Club Physio and former physio to the SA Proteas cricket team from 1991 – 2002 qualified from the University of Cape Town- Beirut Arab University- Beirut – Lebanon.
- April 2021 Certificate of Competency as a Dry Needling Practitioner from Dry needling Institue- directed by Mr. Craig Smith, director of Club Physio.
- August 2024 Attendance of 12 hours workshop in: ''Mastering Presentation skills for Academic Excellence'' – Beirut Arab University – Beirut- Lebanon.
- April 2025 Attendance of webinar entitled ''Carpal tunnel syndrome''- Kasr AlAini School of Medicine- Cairo University.
- April 2025 Attendance of World Physiotherapy webinar entitled '' Physiotherapist life-long learning: quality dialogues''.
- April 2025 Attendance of webinar entitled ''Psychological Burnout'' at Beirut Arab University.

- April 2025 Attendance of webinar entitled ''Cancer and Immunity Webinar 3rd edition'' at Beirut Arab University.
- May 2025 Attendance of webinar entitled ''Progress through Precision''
- May 2025 Attendance of three days workshops in Mulligan concept- Upper Quadrant- Global University- Beirut- Lebanon.
- August 2025 Attendance of a training session entitled ''Higher education Law'' – Beirut Arab University.
- November 2025 Attendance an academic talk entitled "Ethics of Research: What Every New IRB Applicant Needs to Know,"- Beirut Arab University.
- October 2026 Attendance a workshop entitled '' Early rehabilitation in Emergency of person with Lower Limb.''

Committees Memberships

- Member of the FHS Library Committee for the academic year 2024/2025.
- Member of the FHS Community Service Committee for the academic year 2024/2025.
- Member of the FHS Students' Activities Committee for the academic year 2025/2026.
- Member of the FHS Community Service Committee for the academic year 2025/2026.
- Member of the FHS Community Service committee for the academic year 2026/2027.

Collaboration and assistance in Workshops

- March 2022: Organization and deliver a workshop on Dry needling at Beirut Arab University.
- April 2022 Organization and deliver a workshop on Dry needling at Beirut Arab University.
- May 2022 Organization and deliver a workshop on Dry needling at Beirut Arab University.
- June 2022 Organization and deliver a workshop on Medical Taping in Sports Injuries.
- June 2022 Organization and deliver a workshop on Dry needling at Beirut Arab University.
- October 2022 Organization and deliver a workshop on Dry needling at Beirut Arab University.
- December 2022 Organization and deliver a workshop on Dry needling at Beirut Arab University.
- April 2025 Organization and deliver a workshop on Medical Taping in Sport injury in PTOC- Beirut Arab University-Beirut- Lebanon.

  Medical and sports taping course.
- October 2025 Organization and deliver a workshop on Medical Taping in Sport injury in PTOC- Beirut Arab University-Beirut- Lebanon.

Computer skills and competences: Windows, Word, Excel, PowerPoint, and Internet

Driving licence: Lebanese driving license