Europass Curriculum Vitae



First name(s) / Surname(s)	**Rami Labib ABBAS**
Address(es)	Cola Roundabout, Shams Beirut Building, Bloc B, *12th Floor.*
Telephone(s)	00961-1-300301 Mobile: 00961-3-942067
Fax(es)	00961-1-300110 ext. 2589
E-mail	r.abbas@bau.edu.lb ; abbasrami@hotmail.com ; ramiptlb@gmail.com
Social media	***Facebook***: rami abbas; **twitter:** @ramiabbas4; **Linkedin:** https://www.linkedin.com/in/rami-abbas-b393b159/ ResearchGate: Rami Abbas
Research profile	Research Gate: https://www.researchgate.net/profile/Rami-Abbas Google Scholar: https://scholar.google.com/citations?hl=en&user=EnF8EDEAAAAJ Scopus: https://www.scopus.com/authid/detail.uri?authorId=57199327512 ORCID: https://orcid.org/my-orcid?orcid=0000-0002-6520-4069
Nationality	Lebanese
Date of birth	29/05/1973
Gender	Male
Position	Professor at Department of Physical Therapy, Faculty of Health Sciences, Beirut Arab University. Assistant Dean, Faculty of Health Sciences, Beirut Arab University

Work experience

Date	**2025-…**
Occupation or position held	Full Professor of Physical Therapy**.**
Main activities and responsibilities	Lecturer of the BSc Courses: Assessment in PT (2 Cr)**,** Assessment in PT lab (1 Cr), Neuromuscular PT I (3 Cr) & II (3 Cr), Neuromuscular PT I (1 Cr) & II (1 Cr) lab, Neuromuscular PT Practice I (3 Cr) & II (3 Cr), research project (2 Cr). Lecturer of the DPT Courses: Motor control (3 Cr), Clinical Screening and Differential Diagnosis II (3 Cr).
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str
Type of business or sector	Teaching and education

Date	**2025 and 2018**
Occupation or position held	Participation as a senior core academic faculty in the Physical Therapy Department at BAU in the full accreditation process of the BSc program from WPT
Main activities and responsibilities	
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jadidah- Omar Farroukh Str
Type of business or sector	Quality assurance

Date	**2017**
Occupation or position held	Participate as the Assistant Dean of the Faculty of Health Sciences at Beirut Arab university in the accreditation process of Nutrition and Dietetic, Medical Laboratory Technology, and Nursing Departments from the AHPGS.
Main activities and responsibilities	
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jadidah- Omar Farroukh Str
Type of business or sector	Quality assurance

Date	**2016**
Occupation or position held	Participate as a senior core faculty member in the physical therapy department at Beirut Arab university in the accreditation process from The World Confederation for Physical Therapy (WCPT)
Main activities and responsibilities	
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jadidah- Omar Farroukh Str
Type of business or sector	Quality assurance

Date	**2014-2019**
Occupation or position held	Assistant Professor of Physical Therapy**.**
Main activities and responsibilities	Lecturer of the BSc Courses: Assessment in PT (2 Cr)**,** Assessment in PT lab (1 Cr), Neuromuscular PT I (3 Cr) & II (3 Cr), Neuromuscular PT I (1 Cr) & II (1 Cr) lab, Neuromuscular PT Practice I (3 Cr) & II (3 Cr), research project (2 Cr). Lecturer of the DPT Courses: Motor control (3 Cr), Clinical Screening and Differential Diagnosis II (3 Cr).
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str
Type of business or sector	Teaching and education

Date	**2013-2014**
Occupation or position held	Assistant Professor of Physical Therapy.
Main activities and responsibilities	Lecturer of the DPT Courses: Professional Communication & Documentation (2 Cr), Motor control (3 Cr), Clinical Screening and Differential Diagnosis I (2 Cr) & II (3 Cr).
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.
Type of business or sector	Teaching and education

Date	**2013-2014**
Occupation or position held	Participate in the development of the BSc in Physical Therapy program according to an international benchmark
Main activities and responsibilities	
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.
Type of business or sector	Administration and management

Date	**2012 - 2014**
Occupation or position held	Assistant Professor of Physical Therapy.
Main activities and responsibilities	Lecturer of the BSc Courses: Kinesiology and Biomechanics II (2 Cr), Laws and Ethics for Professional Practice (1 Cr), Neurological PT (4 Cr), Assessment in PT I (3 Cr) & II (3 Cr), Differential Diagnosis in PT (2 Cr), Research Methodology (1 Cr), Research Project (3 Cr).
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.
Type of business or sector	Teaching and education

Date	**2013**
Occupation or position held	Participate as a senior core faculty member in the preparation of the Doctor of Physical Therapy program at Beirut Arab University to be the first program offered in Lebanon and Middle East.
Main activities and responsibilities	
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str
Type of business or sector	Administration and management

Date	**Since September 2013**
Occupation or position held	Assistant Dean
Main activities and responsibilities	Administrative activities and responsibilities
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jadidah- Omar Farroukh Str
Type of business or sector	Administration and management

Date	**Since September 2012**
Occupation or position held	Director of Clinical Training (DCT)
Main activities and responsibilities	Development of the Physical Therapy Out Patient Clinics (PTOC);Organize, plan, distribute, and monitor clinical training of physical therapy students; Participate in the preparation of detailed monthly reports and annual reports of the PTOC regarding activities and turnover of sessions.
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jadidah- Omar Farroukh Str.
Type of business or sector	

Administration and management

Date	**2012 - …….**
Occupation or position held	Physical therapy consultant
Main activities and responsibilities	Clinical training supervision
Name and address of employer	Physical Therapy Outpatient Clinic, Faculty of Health Sciences, Beirut Arab University.
Type of business or sector	Clinical training faculty

Date	**2011 - 2012**
Occupation or position held	Part timer faculty member
Main activities and responsibilities	Lecturer of the BSc Courses: Kinesiology and Biomechanics II, Cardiopulmonary P.T (4 Cr), Obstetric and Gynecological PT (3 Cr), Neurological PT, Pediatric PT, Electrodiagnostics for PT, Education in PT, Research Methodology, Laws and Ethics of Professional Practices, Occupational Health in in PT (1 Cr), Administration and Management in PT, Research Project (3 Cr).
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.
Type of business or sector	Teaching and education

Date	**October 2001 – December 2011**
Occupation or position held	Head of Physical Therapy Department.
Main activities and responsibilities	Clinical Physical Therapist (In and Out Patient Service) and Clinical training supervision
Name and address of employer	Makassed General Hospital, Beirut
Type of business or sector	(IN and OUT patient service).

Date	**2001**-2011
Occupation or position held	Clinical Educator of Physical Therapy
Main activities and responsibilities	Clinical Educator of Courses Neurologie en PT (4 h/w), Rééducation respiratoire pulmonaire (3 h/w),
Name and address of employer	and Techniques spécifiques (1h/w)
Type of business or sector	Physical Therapy Department, Faculty of Public Health, Lebanese University Section I. - Hadath - Rafic Hariri Campus
	Teaching and education

Date	**2001 – 2011**
Occupation or position held	Clinical Educator.
Main activities and responsibilities	Supervision of clinical training of Lebanese University students
Name and address of employer	Makassed General Hospital.
Type of business or sector	Teaching and education

Date	**February 2001 – December 2001**
Occupation or position held	Physical Therapist in the Physical Therapy Department.
Main activities and responsibilities	Clinical physical therapist
Name and address of employer	Makassed General Hospital.
Type of business or sector	(IN and OUT patient service).

Date	**2000 - 2001**
Occupation or position held	Lieutenant Officer in the Physical Therapy and Rehabilitation Department, Central Clinics.
Main activities and responsibilities	Management of Physical Therapy Clinics – Central Clinics –Lebanese Army
Name and address of employer	Military hospital – Beirut - Lebanon
Type of business or sector	Military service

Date	**1994 – 2000**
Occupation or position held	Physical Therapist in the Physical Therapy Department.
Main activities and responsibilities	Clinical physical therapist
Name and address of employer	Makassed General Hospital.
Type of business or sector	(IN and OUT patient service).

Date	**1994 – 2000**
Occupation or position held	Clinical Educator and Supervisor
Main activities and responsibilities	Educate and supervise Trainees from the Lebanese University.
Name and address of employer	Makassed General Hospital.
Type of business or sector	Teaching and education

Education and training

Date	**2007 – 2011**
Title of qualification awarded	PhD in Physical Therapy for Cardio Respiratory and Geriatrics. Thesis title:"Effect Of Electrical Stimulation After Unloading On Angiogenesis In Diabetic Rats".
Name and type of organisation providing education and training	Faculty of Physical Therapy, Cairo University, Egypt

Date	**1996 – 1999**
Title of qualification awarded	M.Sc. degree in Physical Therapy for Internal Medicine and Geriatrics. Thesis title:"Forward Versus Backward Training Effect On Vital Signs In Healthy Subjects".
Name and type of organisation providing education and training	Faculty of Physical Therapy, Cairo University, Egypt

Date	**28/02/1997 – 20/03/1997**
Title of qualification awarded	Special course in Acupuncture Treatment
Name and type of organisation providing education and training	Middle East Association of Alternative Treatment, Cairo, Egypt.

Date	**1990 – 1994**
Title of qualification awarded	B.Sc. in Physical Therapy
Name and type of organisation providing education and training	Physical Therapy Department, Faculty of Public Health, Lebanese University, Lebanon

Date	**1989 – 1990**
Title of qualification awarded	Freshman Year
Name and type of organisation providing education and training	Hariri Foundation, Beirut, Lebanon

Personal skills and competences

Mother tongue(s) **Arabic**

Other language(s)	**Understanding**		**Speaking**		**Writing**
	Listening	Reading	Spoken interaction	Spoken production	
French	Excellent	Excellent	Excellent	Excellent	Excellent
English	Excellent	Excellent	Excellent	Excellent	Excellent

(*) Common European Framework of Reference for Languages

Communication skills

- Good communication skills gained through my experience as assistant professor-delivering presentations at university and conferences.

Teamwork skills

- Worked effectively as part of the faculty of health sciences team at Beirut Arab University and had to be adaptable to meet the needs of the team.

Organisational/Managerial skills

- Part of a team to design related department policies and procedures.
- Contribute expertise and follow leadership directives at appropriate times.

- Facilitated department and Faculty council planning.
- Group facilitating, managing group interactions.
- Supervising students and processes especially those related to Clinical Training.
- Updating information and records.
- Coordinating activities or events at the level of the Faculty of Health Sciences – Beirut Arab University
- Developed and introduced patient-centered approach in the physical therapy outpatient clinic, Beirut Arab University.
- Mastering technical skills related to specific data bases (Medline, Accessphysiotherapy, Science Direct, Rehabilitation Reference Center, endnote).
- Introduced practice based on evidence to patient management process in the physical therapy outpatient clinic, Beirut Arab University.

Problem solving skills

- Careful to approach situations in a neutral non-personal manner.
- Handling complaints from students.
- Evaluating options and generating solutions.

Job related skills

- Good command of quality control processes as assistant Dean of the Faculty of Health Sciences – Beirut Arab University.

Professional/Committee Service

- **2025-….:** Active participation in the PALS (Physiotherapy Action Learning Sets) a global project with participants from 6 countries.
- **2025-**…:Appointed as member of the **Student Affairs Committee** at BAU
- **2025-….:** Delivered a lecture in a virtual seminar entitled *"Evaluation of the Quality of a Higher Education Program",*. The seminar was organized by the PTD in collaboration with AUF Middle East Regional Conference of Rectors **(C2R) and** focused on key methodologies and best practices for maintaining academic excellence and strengthening quality assurance in higher education programs across the region.
- **2024-…..:** Appointed as member of the **Committee of International Relations** at BAU
- **2013-.....:** Assigned as member of colloquium committee of the national physical therapy colloquium exams – Ministry of Education and Higher Education.
- **2025:** Assigned by the MEHE, to conduct a review of the BSc in Respiratory Therapy program proposal submitted by Makassed University of Beirut.
- **2022:** Elected member of the retirement board – Lebanese Order of Physical Therapists.
- **2022:** Assignment as member in the Technical Committee from the Ministry of Education and Higher Education (MEHE) responsible to audit and revise physical therapy programs in different universities in Lebanon.
- **2021- ...:** Associate editor Bulletin of Faculty of Physical Therapy Journal - Cairo University
- **2020:** reviewer in the international European region WCPT congress for the research paper entitled: flipped classroom and case methodology on physiology subjects for physiotherapy students. rami
- **2020:** Reviewer in the international European region WCPT congress for the research paper entitled : what is the significance of orthopedic devices
- **2020:** reviewer in the international European region WCPT congress for the research paper entitled: addition to early mobilization of patients in the intensive care unit (ICU)?
- **2020:** reviewer in the international European region WCPT congress for the research paper entitled: practical training of the future specialist for physiotherapy at developing motor habits (training in walking with aids).
- **2020:** reviewer in the international European region WCPT congress for the research paper

entitled: does physical exercise help improve health-related quality of life in children with difficult-to-control epilepsy?

- **2020:** reviewer in the international European region WCPT congress for the research paper entitled: developing scientific reading skills in physiotherapy education.
- **2020:** reviewer in the international European region WCPT congress for the research paper entitled: the experience of physiotherapy students who were placed at diverse placements in the UK.
- **2020:** Reviewer in the journal of physiotherapy quarterly journal for an article entitled: Patients' Satisfaction With Physical Therapy Services In Out- Patient Clinics Of Faculty Of Physical Therapy, Cairo University, Egypt, A Cross Sectional Survey Study.
- **2019/20**: Reviewer in the journal of physiotherapy quarterly journal for an article entitled: Effect of low level laser on pelvic floor muscles and fascia in cases of stress urinary incontinence: A randomized controlled trial
- **2019/20** Reviewer in the journal of physiotherapy quarterly journal for an article entitled: The comparison of abdominal muscles fatigue in women after vaginal birth and cesarean section compared to control group. A pilot study
- **2019/20** Reviewer in the journal of Journal of Acupuncture and Meridian Studies Laser Acupuncture: Could it be a New Complementary Intervention in Management of Peripheral Arterial Disease?
- **2019/20** Reviewer in the journal of physiotherapy quarterly journal for an article entitled: Validity and Reliability of the Egyptian Algometer in Patient with Bruxism
- **2017-…:** Representative of the Faculty of Health Sciences in the Disciplinary Board of the University.
- **2017-2018:** Member of the committee of unsealing proposals and receipt for equipment for the Labs of the Faculty of Health Sciences, BAU (president resolutions 72 & 104).
- **2017-2018:** Head of the Quality Assurance Unit Committee of the Faculty of Health Sciences, Beirut Arab University.
- **2017-2018:** Head of the Clinical Training Committee of the Faculty of Health Sciences, Beirut Arab University.
- **2017-2018:** Member of the interviewing committee for financial aid.
- **2018:** Reviewer in International Journal of Health and Rehabilitation Sciences (IJHRS) for an article entitled “Five times sit to stand and timed up and go tests did not show any difference among retired Saudi elderly between 60-64 and 65-69 years age spectrum” [Mns.No.: IJHRS-2018-02-05]
- **2018:** Reviewer in Physiotherapy Canada for an article entitled “Evidence-Informed, Comprehensive Test Battery For Interprofessional Assessment Of Hospital-Acquired Deconditioning” [Physical Therapy, Sports Therapy and Rehabilitation Q2]
- **2018:** Reviewer in Physiotherapy Theory and Practice for an article entitled “The effects of type 2 diabetes mellitus on physical functions, pulmonary functions and comorbidities” [Physical Therapy, Sports Therapy and Rehabilitation Q2]
- **2018:** Reviewer in International Journal of Health and Rehabilitation Sciences (IJHRS) for an article entitled “Scientific, educational, linguistic and formative (SELF) evaluation strategy of a sample of multiple choice questions from introductory research course”
- **2018:** Reviewer in International Journal of Health and Rehabilitation Sciences (IJHRS) for an article entitled “Scientific, educational, linguistic and formative (SELF) evaluation strategy of a sample of multiple choice questions from integumentary and cardiac rehabilitation course”
- **2018:** Reviewer in International Journal of Health and Rehabilitation Sciences (IJHRS) for an article entitled “Average power and average peak torque of trunk extensors isokinetic outputs did not vary with the change of the scapular positions among healthy subjects [Mns.No.: IJHRS-2018-04-08]
- **2016-…..:** Member of the scientific committee –Order of Physical Therapist of Lebanon (OPTL).
- **November 2017:** Participation in the organization of BAU Open Doors, Beirut-Tripoli-Debieh campuses, Beirut Arab University.

- **2016-2017:** Representative of the Faculty of Health Sciences in the Disciplinary Board of the University.
- **2016-2017:** Head of alumni committee of the Faculty of Health Sciences, Beirut Arab University.
- **2016-2017:** Member of the interviewing committee for financial aid.
- **Since 2016:** Elected member of the retirement board of the Order of Physical Therapists of Lebanon (OPTL)
- **2015-2016:** Member of the Pedagogic committee of the Order of Physical Therapists of Lebanon (OPTL)
- **2015-2016:** Member of the disciplinary board of Beirut Arab University (president resolution 228)
- **2015-2016:** Member of the committee for unsealing proposal for equipment for the Labs of the Faculty of Health Sciences, Beirut Arab University. (President Resolution 285).
- **2015-2016:** Member of the committee for the receipt of equipment of the Faculty of Health Sciences, Beirut Arab University. (president resolution 37)
- **2015-2016:** Member of the committee for unsealing proposal for equipment for the Labs of the Faculty of Health Sciences, Beirut Arab University. (President resolution 96)
- **2014-2015:** Representative of the Faculty of Health Sciences in the BAU Disciplinary Board of the University.
- **2014-2015:** Member of the Library committee at the Faculty of Health Sciences.
- **2014-2015:** Member of the Assessment Committee of the Faculty of Health Sciences.
- **2013-2014:** Member of Job fair committee of the faculty of health sciences, Beirut Arab University.
- **2013-2014:** Member of scientific research committee of Beirut Arab University.
- **2013-2014:** Member of committee of medical sciences, Beirut Arab University.
- **2006-2013:** Delegate of the Order of Physical Therapist of Lebanon (OPTL) at the Arab Confederation of Physical Therapy (ACPT).
- **2012– ……:** Member of Advisory Committee of the faculty of health sciences, Beirut Arab University.
- **2012 – ……:** Member of Faculty Council, Faculty of Health Sciences, Beirut Arab University.
- **2011:** External member of Advisory Committee of the faculty of health sciences, Beirut Arab University.
- **November 2009 – November 2011:** Vice president of the Order of Physical Therapists of Lebanon.
- **Since 2008**: Member of the Medical Committee of Beirut Marathon**.**
- **2006 – 2011:** Occupational Health and Safety Coordinator at Makassed General Hospital**.**
- **2005 – 2011:** Member of the council of the Order of Physical Therapists in Lebanon (elected)
- **2005-2009:** Head of the scientific committee of the Order of Physical Therapists in Lebanon (elected).
- **2002 - 2005:** Member of Scientific Committee of the Order of Physical Therapists in Lebanon.

Technical skills and competences

Participation in workshops and conferences:

- **2025:** Delivered a lecture titled “Virtual Reality Training in Unilateral Traumatic Lower Limb Amputee.” In the conference “Community Roots, Robotic Wings, AI Minds” held on November 1, 2025, under the patronage of H.E. Dr. Hanin Al Sayyed, Minister of Social Affairs. Organized by Rahma Medical Center – Tripoli in collaboration with the Order of Physical Therapists of Lebanon and the Doctoral School of Science and Technology
- **2025:** In collaboration with CEC – BAU organization and delivery of 2 workshops on "Medical Cupping"
- **2022: …:** Instructor of more than 15 continuous professional courses [dry needling] at BAU

organized by CEC, for professionals and students

- **July 23th-25th, 2018:** organizer of a workshop entitled "Dry Needling Level 2" by Mr. Craig Smith, CCPE, BAU.
- **April13th -14th, 2018:** Lecturer in a conference entitled "Fifth Middle East Congress on Age, Ageing & Alzheimer's: Challenges in Geriatric Care", organized by Middle East Academy for Medicine of Ageing -Beit el Fann – Tripoli.
- **April 20th – 22nd, 2018:** Organizer of a Workshop entitled "Dry Needling level 1", by Mr. Craig Smith, CCPE, BAU.
- **Oct 4th, 2017:** Lecturer in a conference entitled "Promoting Active Aging" organized by Dar Alajaza AlIslamiah Hospital (DAIH) in Phoenicia Hotel - Beirut.
- **July 22nd, 2017:** Moderator of a session in a Scientific Day entitled: "5eme congress annuel" organized by St Georges Hospital –St Georges Hospital – Ajaltoun.
- **September 24th-25th, 2016:** Lecturer in the 10th OPTL congress – Physio Beirut organized by the Order for Physical Therapists in Lebanon- Hilton Habtoor – Lebanon
- **September 3rd, 2016:** Lecturer of a lecture entitled: "EBP in spasticity management" in the 2nd scientific day organized by the Physical Therapy Department - Nabih Berri University Hospital – Nabatieh.
- **December 11th, 12th, and 13th, 2015:** Organizer of a workshop about: "Kinematic Taping®: Introduction and Application on Lower Quarter Dysfunctions" by Mr. John Langendoen. Beirut Arab University, Beirut – Lebanon.
- **September 11th and 12th, 2015:** Moderator of a session in the Third International Days of the National Institute of Physical Therapy organized by Order of Physical Therapy of Lebanon at Hilton Metropolitan Hotel.
- **August 21st, 2015:** Lecturer in the first scientific day of Islamic Association for Physiotherapy (IAPT): in service of Physiotherapy. Organized by IAPT and Sahel General Hospital at Sahel General Hospital – Beirut – Lebanon.
- **August 7th, 8th, and 9th, 2015:** Organizer of a workshop entitled: "Analysis and management of cervical spine pain and dysfunctions according to Maitland concept" by Mr. Jhon Langendoen. Beirut Arab University, Beirut – Lebanon.
- **July 25th, 2015:** Moderator of a session in a symposium entitled "Approche Multidisciplinaire en Neurologie: prise en charge de la sclérose latérale amyotrophique » organized by OPTL, and Cortbawi, Ajaltoun, Lebanon.
- **May 20th, 2015:** Lecturer of a lecture entitled: DPT "Scopes and Challenges". Organized by Physical Therapy Department – Faculty of Health Sciences - Beirut Arab University, Tripoli Campus – Lebanon.
- **May 8th – 10th, 2015:** Organizer of a 20 hours workshop on: Analysis and Management of Lumbar Spine and Pelvic Pain "Maitland Techniques". By John Langendoen, MSc, Grad.OMT, B.PT. Arranged by CCPE – BAU and Physical Therapy Department. Beirut Arab University, Beirut – Lebanon.
- **November 5th, 2014**: Lecturer of Two lectures entitled: DPT in Lebanon: Do we need it? In addition, Current Trends in Spasticity Management. Organized by Ein w Zein Hospital, Bekaata, Lebanon.
- **September 13th- 14th, 2014:** Lecturer in the 9th International OPTL Congress entitled "Advanced Practice in Physiotherapy", in Hilton Habtoor – Beirut – Lebanon.
- **June 7th 2014:** Lecturer in a scientific day organized by Saint George Hospital – Ajaltoun – Lebanon, the lecture entitled "Management of spasticity in PT".
- **February 22nd, 2014:** Lecturer of a lecture entitled Education in PT from technical to DPT level organized by Sahel General Hospital and Physical Therapy Department, BAU, Beirut – Lebanon.
- **April 25th – 27th, 2013:** Lecturer in the 9th Annual Congress of Lebanese Society of Allergy and Immunology, organized by the Lebanese Pulmonary Society – Beirut, Lebanon. Title of the presentation: Collaborative Strategy in Managing COPD.
- **April 20th, 2013:** Lecturer in the Physical Therapy congress organized by the Palestinian Association for Physical Therapists – Amman, Jordan.

- **April 18th and 19th, 2013:** Lecturer in in the 1st congress of the Palestinian Association of Physical Therapy and in collaboration with Arab Confederation for PT. The lecture entitled (Mucus Clearance in Physical Therapy towards a Scientific Evidence Based Therapy). Amman – Jordan.
- **February 22nd, 2013:** Lecturer of a lecture entitled "Education in PT: from Technical till Doctoral level" organized by Physical Therapy Department, Faculty of Health Sciences, Beirut Arab University and Sahel General Hospital. Beirut – Lebanon.
- **September 7th , 8th and 9th 2012:** President of a session entitled "COPD Rehabilitation" in the Second International INP Days of Physiotherapy entitled "Quality in Physical Therapy" organized by Order of Physical Therapists of Lebanon.
- **April 21st and 22nd, 2012:** Lecturer in the congress organized by the Lebanese Association of Chest Physicians entitled "Mucus Clearance Techniques".
- **September 17th and 18th 2011:** Active participation in the 8th OPTL International congress entitled "Diversity in Physiotherapy" organized by the Order of Physical Therapy of Lebanon – Beirut – Lebanon.
- **December 3rd and 4th 2010:** lecturer and Director of a scientific session entitled "Management and Rehabilitation of Cerebral Hemorrhage" along with Dr. Bechara EL CHAMI and Dr. Hayssam EL Samad in the fourth scientific congress of Rahma Medical Center entitled "Neurological Rehabilitation Towards Globalization and Distinction, organized by Rahma Medical Center in collaboration with Order of Physicians in North Lebanon, Makassed General Hospital, Arab Confederation for Physical Therapists, Lebanese University Faculty of Public Health – Section III, and Lebanese German University**.**
- **September 18-19th 2010:** Moderator of a scientific session entitled "Global Postural Rehabilitation" of the first scientific days of the National Institute of physical therapy entitled " The Scientific Physical Therapy of Tomorrow: The Bias of Practice and Research". Organized by the Lebanese Order of Physical Therapists.
- **September 2009:** Lecturer in the 7th International Congress of Physical Therapy "Physiotherapy: Tradition or Innovation", Organized by the Physical Therapist Order of Lebanon.
- **September 10th – 11th 2005:** Lecturer in the International Congress of the Order of Physiotherapists in Lebanon entitled "Research in Physiotherapy", organized by the Order of Physiotherapists in Lebanon and in collaboration with the World Confederation for Physical Therapy – La Federation International des Organisations de Physiotherapeutes Francophones – The Arab Federation for Physiotherapy and the French/Lebanese Medical Association, Beirut, Lebanon.
- **September 4th – 5th 2004:** Lecturer in the International Congress of the Order of Physiotherapists in Lebanon entitled "Guidelines in Physiotherapy", organized by the Order of Physiotherapists in Lebanon and in collaboration with the World Confederation for Physical Therapy – La Federation International des Organisations de Physiotherapeutes Francophones – The Arab Federation for Physiotherapy and the French/Lebanese Medical Association, Beirut, Lebanon.
- **September 6th – 7th 2003:** Lecturer in the Yearly Lebanese Congress of Physical Therapy entitled "What's New in Physiotherapy-2003", organized by the Order of Physiotherapists in Lebanon and in collaboration with the World Confederation for Physical Therapy – La Federation International des Organisations de Physiotherapeutes Francophones – The Arab Federation for Physiotherapy and the French/Lebanese Medical Association, Beirut, Lebanon.
- **September 9th 2001:** Lecturer in the Yearly Lebanese Congress of Physical Therapy entitled "Physiotherapy for the Community Service", Organized by the Physical Therapist Order of Lebanon.

Attendance of workshops and conferences:

- **2026 March 31:** Attended the professional development webinar "From Chalkboards to Chatbots: Practical Strategies for Engagement, Assessment & Academic Integrity in the Age of AI," organized in partnership between McGraw Hill and the Association of Arab Universities.
- **2026 March 2:** Attended the Novartis webinar "Complications of Spinal Surgery," hosted by the Egyptian Scoliosis Society.

- **2026 February 17**: Attended the online workshop "Mise en place d'un dispositif d'auto-évaluation et d'audit interne de suivi-évaluation," organized by the Agence Universitaire de la Francophonie (AUF).
- **2026 February 16:** Attended the Bone Health TeleECHO virtual session, organized by the Calcium Metabolism and Osteoporosis Program, WHO Collaborating Center for Metabolic Bone Disorders at the American University of Beirut Medical Center, in collaboration with Project ECHO.
- **2026 January 19:** Attended the scientific launch of the Lebanese edition of the "Nourish to Flourish" initiative, organized by the Faculty of Health Sciences at Beirut Arab University in collaboration with the University of Westminster (UK), the World Health Organization–Lebanon, and the Ministry of Education and Higher Education.
- **2025 October 2–4:** Attended the scientific conference "The Modern Fight Against Cardiovascular Diseases," organized by the Healthcare Professional Development Center at the Faculty of Medicine, American University of Beirut.
- **2025 October 2:** Attended the webinar "Contextualizing Medical Education for Conflict Realities: Global Perspectives," organized by the Global Health Institute at the American University of Beirut.
- **2025 September 6–7:** Attended the Lebanese Order of Physiotherapists Congress entitled "Embracing the Future: Emerging Techniques & Practices," held at the Habtoor Hotel, Beirut.
- **2025 August 25:** Attended the seminar entitled "*قانون التعليم العالي*" delivered by Dr. Sobhi Abu Shaheen in Jamal Abdel Nasser Hall.
- **2025 August 22:** Participated in the workshop (Part 2) entitled "Impact of Artificial Intelligence on Education and Research," held in Ali Rashed Hall.
- **2025 June 17:** Attended the webinar "Mobilisation des acteurs dans un processus d'assurance qualité interne," organized by the Commission "Assurance qualité et accreditations" of the C2R-MO.
- **2025 May 29:** Attended the one-day workshop "Empowering Higher Education through Practical AI Tools."
- **2025 May 22:** Attended the scientific lecture "AI Applications in Healthcare Management and Academia," delivered by Dr. Ahmad Tassi in Ali Rashed Hall.
- **2025 May 19:** Attended the webinar "Quality Assurance Standards and Alignment with the Strategic Plan," organized by the Quality Assurance Committee of the Agence Universitaire de la Francophonie (AUF).
- **2025 January 9:** Attended the workshop titled "Best Practices in Research," held in Ali Rashed Hall.

Honors and Awards

- **2026:** Editorial contribution **award** for the year 2026 from Springer Nature in his active role as associate editor in the journal Bulletin of Faculty of Physical Therapy.
- **November 30th, 2017:** Appreciation from the Dean of the Faculty of Physical Therapy – Cairo University for efforts of the success of the First International Students' Conference for Scientific Research organized by the Faculty.
- **May 18th – 20th, 2010:** Appreciation from the President of the Saudi Physiotherapy Association for the efforts in realization of the meeting of the Arab Confederation for Physical Therapy.
- **January 9th, 2009:** Appreciation from the President of the General Physical Therapy Syndicate of Egypt, for the efforts in the success of the 1st International Symposium of Physical Therapy.
- **March, 2007:** Appreciation from the Dean of the Faculty of Physical Therapy – Cairo University for efforts of the success of the 10th International congress organized by the Faculty of Physical Therapy – Cairo University.

Grants

- **2018:** Accepted research project proposal from the CNRS (Lebanese National center for Scientific Research). The grant is for 24.000.000 L.L. (16.000$). The project directs a clinical trial for geriatric demented subjects.
- **2017:** Participate in the process of acquisition for an advanced rehabilitation equipment from International Commission of the Red Cross (ICRC), a Kinapsys equipment.
- **2017:** Participate in a research oriented MOU (fully funded project) with ICRC.

Social skills and competences

- **August 3rd, 2018:** Participate as expert in a project for the Ministry of Social Affairs aiming to develop a new categorization of disability in Lebanon.
- **March 6th-7th, 2018:** Participate as expert in the International Disability Alliance under Patronage of Ministry of Social Affairs organized a workshop, "Consultation meeting for setting guidelines of inclusion disabled people in humanitarian action - MENA region", supporting the development of the IASC Guidelines on Inclusion of Persons with Disabilities in Humanitarian Action ("the Guidelines")
- **Feb 22nd, 2018:** Participation in the organization a lecture about "The dangers of doping in sports" delivered by Dr. Jihad Haddad and Dr. Hind Abed El Malak-BAU.
- **Dec 8th, 2017:** Organization of "World Disability Day" in collaboration with "El Montada Foundation for Disability - North Lebanon".
- **Nov 12th, 2017:** Participation in BLOM Beirut Marathon organized by the "Beirut Marathon Association" as medical team.
- **July 11th, 2017:** Participate as a consultant to review the Physical Rehabilitation Project of ICRC in presence of multiple stakeholders from the Lebanese health system.
- **April 22nd 2017:** Delivery and organization of a workshop entitled: "Functional rehabilitation in Stroke" Organized by the Physical Therapy Department in collaboration with CCPE and Handicap International (NGO).
- **December 1st, 2016:** Volunteer participation in the Celebration of the Word Disability day, organized by the Physical Therapy Department-–Faculty of Health Sciences -– Beirut Arab University in collaboration with Mosawat Foundation– Beirut – Lebanon
- **November 28th, 2016:** Lecturer of a lecture entitled: "KAFO and AFO" organized by Mosawat Foundation, Mosawat Foundation – Beirut.
- **Nov 13th, 2016:** Volunteer participation in the medical team of BLOM Bank Beirut Marathon.
- **October 21st, 2016**: Lecturer of a lecture entitled: "Proper Body Ergonomics for Better Productivity" by Dr. Rami Abbas, organized by Physical Therapy Department – Faculty of Health Sciences – BAU
- **April 19th 2016:** Participation in the BAU Job Fair. Organized by BAU – Debbieh Campus.
- **March 15th, 17th, and 22nd 2016:** Participation in BAU open doors in Beirut, Debbieh and Tripoli Campuses. Organized by BAU.
- **November 8th, 2015:** Volunteer participation in the medical team of Bank du Liban Marathon.
- **December 3rd 2014:** Celebrating the International Day for Disabled People, at the Mouhamad Khaled Foundation's – Adnan and Raeda Kassar Cerebral Palsy Center.
- **November 9th 2014:** Volunteer participation in the medical team of Bank of Beirut Marathon.
- **May 11th 2014:** Volunteer participation in the medical team of Woman's Marathon.
- **April 12th, 2014:** Participate in the meeting at the Lebanese Ministry of Education and Higher Education (MEHE) regarding the development and implementation of the newly introduced colloquium exam.
- **March 15th 2014:** participation in the sports day organized by the medical faculties, Beirut Arab University**.**
- **November 10th 2013:** Volunteer participation in the medical team of Bank of Beirut Marathon.
- **April 18th-19th , 2013:** Representative of the OPTL in the 1st congress of the Palestinian Association of Physical Therapy and in collaboration with Arab Confederation for PT,

Amman – Jordan.

- **November 11th 2012:** Volunteer participation in the medical team of BLOM Beirut Marathon.
- **May 19th – 20th, 2010:** Representative of the OPTL in the International "Saudi Physical Therapy Conference 2010" organized by University of Dammam, Dammam, KSA.
- **March 4th – 6th, 2009:** Representative of the OPTL in the 12th International Scientific Conference entitled "Physical Therapy Towards Innovation and Development", organized by the Faculty of Physical Therapy, Cairo University, Cairo, Egypt.
- **January 9th – 10th, 2009:** Representative of the OPTL in the 1st Symposium of Physical Therapy entitled "Physical Therapy: the Present and the Future", organized by General Syndicate of Egypt, Nasser Institute, Cairo, Egypt.
- **March 6th – 7th, 2008:** Representative of the OPTL in the 11th International Scientific Conference entitled "Physical Therapy and the Art of Caring", organized by the Faculty of Physical Therapy, Cairo University, Cairo, Egypt.
- **March 1st – 2nd, 2007:** Representative of the OPTL in the 10th International Scientific Conference entitled "Physical Therapy and Future Challenges", organized by the Faculty of Physical Therapy, Cairo University, Cairo, Egypt.
- **May 11th – 14th, 2006:** Representative of the OPTL in the 2nd International Conference of the Jordanian Physiotherapy Society in collaboration with ACPT, Amman, Jordan.

Publication Experience

- **El Melhat AM, Saab IM, Abbas RL, et al.** Addition of low-load blood flow restriction training to conventional physiotherapy improves handgrip strength and function in patients with lateral epicondylitis at the short-term: A single-blind randomized clinical trial. Journal of Back and Musculoskeletal Rehabilitation. 2026;0(0). doi:10.1177/10538127261494053
- **Al Amin, R., Abbas, R. L., Ali, A. S., Saab, I. M., AlKhatib, S., & El Melhat, A. M. (2026)**. Therapeutic impact of electrical stimulation versus intramuscular electrical stimulation via dry needling on tibialis anterior muscle on reducing spasticity in stroke survivors: a randomized controlled trial. Irish Journal of Medical Science (1971-), 1-10.
- **El Melhat, A. M., Abbas, R. L., El Khatib, A., Saab, I. M., Abdelhamid, S. M., & Ahmed, K. T. (2025).** Electromyographic analysis of abdominal muscle activation during side bridge variations: effects of hip angle and breathing pattern. Human Movement, 26(4), 71-84.
- **El Melhat, A. M., El Khatib, A., Youssef, A. S., Zebdawi, M. R., Abdelhamid, S. M., Hamada, H. A., & Abbas, R. L. (2024).** Influence of changing hip position on electromyographic activities of selected trunk muscles during bridging exercises in healthy subjects: a cross-sectional study. Journal of Manipulative and Physiological Therapeutics, 47(1), 12-21.
- **El Melhat, A. M., Abbas, R. L., Zebdawi, M. R., & Ali Ismail, A. M. (2024)**. Effect of adding thoracic manipulation for the management of patients with adhesive capsulitis: a randomized clinical trial. Physiotherapy Theory and Practice, 1-14.
- **Abbas RL, Cooreman D, Sultan HA, Nayal ME, Saab IM, Khatib AE, Kawam AE, Melhat AME (2024).** Effect of Adding Virtual Reality Training to Traditional Exercise Program on Pain, Mental Status and Psychological Status in Unilateral Traumatic Lower Limb Amputees: A Randomized Controlled Trial. Games Health J. 2024 Feb 6. doi: 10.1089/g4h.2023.0164. Epub ahead of print. PMID: 38324006.
- **Al Amin, R., Ali, A. S., Saab, I. M., & Abbas, R. L. (2023).** Immediate Neurophysiological effect of electrical stimulation via dry needling on H-reflex in post stroke spasticity. Physiotherapy Theory and Practice, 1-9.
- **Marzouk, M. H., Darwish, M. H., El-Tamawy, M. S., Morsy, S., Abbas, R. L., & Ali, A. S**. (2022). Posterior tibial nerve stimulation as a neuromodulation therapy in treatment of neurogenic overactive bladder in multiple sclerosis: A prospective randomized controlled study. Multiple Sclerosis and Related Disorders, 68, 104252.[Q1]
- **Abbas, R. L., Saab, I. M., Al-Sharif, H. K., Naja, N., & El-Khatib, A**. (2022). Effect of Adding Motorized Cycle Ergometer over Exercise Training on Balance in Older Adults with Dementia: A Randomized Controlled Trial. Experimental Aging Research, 1-12.[Q2]
- **ElMelhat, A. M., Youssef, A. S., Abbas, R. L., Ali, A. S., Hamad, H. A., Ahmed, S. M., &**

Zahran, S. S. (2022). Is spinopelvic sagittal alignment correlated with pain level, functional disability and frontal plane projection angle in women with patellofemoral pain syndrome? A cross-sectional study. SPORT TK-Revista EuroAmericana de Ciencias del Deporte, 15-15 [Q4].

- **Abbas, R. A., Al Omari, S., & El Khatib, A. (2021)**. Impact of Covid-19 Confinement on Physical Activity and Dietary Habits in Physical Therapy Students and Professionals in Lebanon: A Cross-Sectional Study. BAU Journal-Health and Wellbeing, 3(3), 9.
- **Ali, A. S., Darwish, M. H., Shalaby, N. M., Abbas, R. L., & Soubhy, H. Z. (2021).** Efficacy of core stability versus task oriented trainings on balance in ataxic persons with multiple sclerosis. A single blinded randomized controlled trial. Multiple Sclerosis and Related Disorders, 50, 102866. [Q2]
- **Abbas, R. L., Cooreman, D., Al Sultan, H., El Nayal, M., Saab, I. M., & El Khatib, A**. (2021). The effect of adding virtual reality training on traditional exercise program on balance and gait in unilateral, traumatic lower limb amputee. Games for health journal, 10(1), 50-56.[Q1]
- **Haidy N. Ashem, Rami L. Abbas, Hamada A. Hamada, Marwa M. Eid (2020)**. Vacuum Assisted Closure Therapy Versus Polarized Light in The Treatment of Pressure Ulcer: A randomized controlled trial**. Fizjoterapia Polska** **https://fizjoterapiapolska.pl/en/article/terapia-podcisnieniowa-a-swiatlo-spolaryzowane-w-leczeniu-odlezyn-randomizowane-badanie-kontrolowane/ . [Q4]**
- **el Bandrawy, Asmaa M., Mohammed Naeem Mohamed, Hossam Aldin H. Kamal, Hamada Ahmed Hamada, and Rami Abbas (2020).** "Effect of global postural correction exercises on stress urinary incontinence during pregnancy: A randomized controlled trial." Journal of Human Sport and Exercise 3 (2020): 869-878 **[Q2]**
- **Ashem, Haidy N., Hamada Ahmad Hamada, and Rami L. Abbas (2020). "**Effect of Aerobic Exercise on Immunoglobulins and Anemia after Chemotherapy in Breast Cancer Patients." Journal of Bodywork and Movement Therapies (2020)**. [Q2}**
- **Bekhet, A. H., Abdallah, A. R., Ismail, H. M., Genena, D. M., Osman, N. A., El Khatib, A., & Abbas, R. L. (2019).** Benefits of Aerobic Exercise for Breast Cancer Survivors: A Systematic Review of Randomized Controlled Trials. Asian Pacific Journal of Cancer Prevention, 20(11), 3197-3209**. [Q2]**
- **Abd Elrashid, N. A., Hamada, H. A., Abdelmoety, A. M., Soliman, G. S., & Abbas, R. (2018).** Additional effect of pulsed electromagnetic fields to laser therapy on management of diabetic foot ulcer: a single blind randomized controlled trial. BIOSCIENCE RESEARCH, 15(4), 3322-3328.**[Q4]**
- **El Khatib A, Abbas RL, Ragab H, Takey K**. Evaluation of the Risk of Developing Work-Related Musculoskeletal Disorders in Preclinical and Clinical Dental Students. Accepted paper and presentation in the first International Conference on Urban Health & Wellbeing UHWB2018**.** October 23:25/2018**.**
- **Abbas RL, Houri MT, Rayyan MM, Hamada HA, Saab IM.** Effect of Unifocal versus Multifocal Lenses on Cervical Spine Posture in Patients with Presbyopia. International Journal of Occupational Safety and Ergonomics. 2018 Mar 30:1-4.**[Q2]**
- **Elhamed HB, Koura GM, Hamada HA, Mohamed YE, Abbas R.** Effect of strengthening lower trapezius muscle on scapular tipping in patients with diabetic frozen shoulder: A randomized controlled study. Biomedical Research. 2018;29(3).**[Q4]**
- **Zoheiry IM, Ashem HN, Ahmed HA, Abbas R.** Effect of aquatic versus land based exercise programs on physical performance in severely burned patients: a randomized controlled trial. Journal of physical therapy science. 2017;29(12):2201-5. **[Q2]**
- **Awad E, Ahmed HA, Yousef A, Abbas R.** Efficacy of exercise on pelvic pain and posture associated with endometriosis: within subject design. Journal of physical therapy science. 2017;29(12):2112-5. **[Q2]**

Computer skills and competences — Windows, Word, Excel, PowerPoint, EndNote®, and Internet

Driving licence — Lebanese driving license